



# Crisis Resources

Immediate help is available for those who need it. Family, close Christian friends, your pastor, or a Christian counselor often can help during a crisis or at least point you in the right direction. When you have no one to call, the following list may be helpful in your crisis. The following list is provided to help you or someone you know obtain needed assistance. There are also many local ministries or agencies that can help, but they are too numerous to list here.

*If you are in a life-threatening, dangerous situation, call the emergency number in your area (911 in the United States).*

Many states now have 211 services to provide information and resources for people in need. Visit [www.211.org](http://www.211.org) or more information.

**Alcohol and Drug** *Celebrate Recovery:* [www.celebraterecovery.com](http://www.celebraterecovery.com)

**Abuse & Addictions** A Christ-Centered Recovery Program

*Christian Recovery International:* [www.christianrecovery.com](http://www.christianrecovery.com)

Helping the Christian community become a safe place for people recovering from addiction, abuse, or trauma.

*Teen Challenge:* [www.teenchallengeusa.com](http://www.teenchallengeusa.com) – help with addictions

*National Association for Christian Recovery:* [www.nacr.org](http://www.nacr.org)

A not-for-profit religious organization providing resources and cultivating of recovery communities within or in partnership with Christian churches.

*America's Keswick:* [www.americaskeswick.org](http://www.americaskeswick.org)

A ministry that teaches and models Biblical Christian Living through addiction recovery for men and women, training, and resources.

**Child Abuse** *Childhelp USA:* [www.childhelpusa.org](http://www.childhelpusa.org)

For child abuse victims, parents, concerned individuals.

**Children with Disabilities** (see page 256 for resources)

**Crime Victims** *National Center for Victims of Crime:* [victimsofcrime.org](http://victimsofcrime.org)

For individuals, families, and communities harmed by crime.

**Crisis Pregnancy** *Care Net:* [www.care-net.org](http://www.care-net.org) – Offers compassion, hope, and help to anyone considering abortion by presenting realistic alternatives and Christ-centered support through our life-affirming network of pregnancy centers, organizations, and individuals.

*Life Call:* [www.lifecall.org](http://www.lifecall.org) – Help and resources for pregnant women and their pre-born babies.

**Domestic Violence** *Christian Coalition Against Domestic Abuse:* [www.ccada.org](http://www.ccada.org)

*Focus Ministries:* [www.focusministries1.org](http://www.focusministries1.org) – offering encouragement, education, and assistance to women and families in difficult circumstances, or experiencing domestic violence.

*Healing Hearts:* [www.heartshealing.org](http://www.heartshealing.org) – a ministry for women.



<b>Eating Disorders</b>	<p><i>Surrendered Hearts Ministries:</i> <a href="http://www.eatingsdisorders.com">www.eatingsdisorders.com</a>  <i>Finding Balance:</i> <a href="http://www.findingbalance.com">www.findingbalance.com</a> – eat well, live free.</p>
<b>Emergency Assistance</b>	<p><i>Feeding America:</i> <a href="http://www.feedingamerica.org">www.feedingamerica.org</a>          Referral to local food banks and relief organizations.  <i>Salvation Army:</i> <a href="http://www.salvationarmyusa.org">www.salvationarmyusa.org</a>          Help for people in distress or in emergency situations.</p>
<b>Grief</b>	<p><i>Compassionate Friends, Inc.:</i> <a href="http://www.compassionatefriends.org">www.compassionatefriends.org</a>          Supporting a family after a child dies.  <i>Grief Share:</i> <a href="http://www.griefshare.org">www.griefshare.org</a></p>
<b>Legal Aid</b>	<p><i>Christian Legal Society:</i> <a href="http://www.clsnet.org">www.clsnet.org</a>  <i>Christian Law Association:</i> <a href="http://www.christianlaw.org">www.christianlaw.org</a></p>
<b>Missing/ Abducted Children</b>	<p><i>Child Find of America:</i> <a href="http://childfindofamerica.org">childfindofamerica.org</a>          For parents reporting lost or abducted children.  <i>National Center for Missing and Exploited Children:</i> <a href="http://www.missingkids.com">www.missingkids.com</a></p>
<b>Natural Disasters</b>	<p><i>Samaritan's Purse:</i> <a href="http://www.samaritanspurse.org">www.samaritanspurse.org</a>          Provides emergency aid to victims of disasters.  <i>Red Cross:</i> <a href="http://www.redcross.org">www.redcross.org</a>  <i>Federal Emergency Management Agency (FEMA):</i> <a href="http://www.fema.gov">www.fema.gov</a></p>
<b>Rape</b>	<p><i>Rape and Incest National Network:</i> <a href="http://www.rainn.org">www.rainn.org</a>          The nation's largest anti-sexual violence organization.</p>
<b>Relief for Caregivers</b>	<p><i>Christian Caregiver Support:</i> <a href="http://www.christiancaregiversupport.com">www.christiancaregiversupport.com</a>  <i>National Respite Locator Service:</i> <a href="http://www.respitelocator.org">www.respitelocator.org</a>          For parents, caregivers, and professionals caring for children and adults with disabilities or terminal illnesses.</p>
<b>Suicide Prevention</b>	<p><i>Befrienders Worldwide:</i> <a href="http://www.befrienders.org">www.befrienders.org</a>          In the United Kingdom – multi-lingual, excellent information with referrals worldwide.  <i>Suicide Prevention Lifeline:</i> <a href="http://suicidepreventionlifeline.org">suicidepreventionlifeline.org</a>          1-800-273-8255  <i>American Foundation for Suicide Prevention:</i> <a href="http://www.afsp.org">www.afsp.org</a>          888-333-AFSP (888-333-2377)</p>
<b>Teen Issues</b>	<p><i>Please Live:</i> <a href="http://www.pleaselive.org">www.pleaselive.org</a> – a nonprofit organization dedicated to the education and awareness of youth and young adult mental health concerns, focusing mainly on depression, anxiety, and suicide prevention.  <i>Mercy Multiplied:</i> <a href="http://mercymultiplied.com">mercymultiplied.com</a> – a nonprofit Christian organization dedicated to helping young women break free from life-controlling behaviors and situations, including eating disorders, self-harm, drug and alcohol addictions, unplanned pregnancy, depression, sexual abuse, and sex trafficking.</p>