



EXCHANGE Hotline

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BULLETIN
2008

Exchange Newsletter
November 15, 2010
Volume 16, Number 9

Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

Weekly Meetings

Wednesdays, 7:00 a.m.
Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2010-2011

President: Amy Mitchell

President Elect: Steve Griffith

Secretary: Vita Goodell

Treasurer: Pat Welsh

Immediate Past President:
Betty Baitland

Board of Directors

Shirley Brown

Roy Miers

Jake Messinger

Linda Schoonmaker

Gladys Brumfield

Patrick Hayes

John Robson

Reagan Walters

Webmaster: Jake Messinger
website@ecsl.org

Newsletter : Sue Lockwood
newsletter@ecsl.org

Calendar: Paul Barnett
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The elves are congregating to fill Santa's sleigh! **Jennifer Cole**, Santa's Exchange Chairperson, stands next to **Carolyn Tarver** who started the effort to give toys to needy children many years ago by founding Project S.M.I.L.E.

Our partners from **Sugar Land Rotary** are again contributing \$15,000 for Santa's Exchange.

Photos by Al McDonald



Rotary Chairperson, **Steve Weathered** and Rotary President **Bouche Mickey** announced that **Cynthia King** (Santa's chairperson for many years) will be moving out of the area. We will all miss her dedication and hard work on the project.



President **Amy Mitchell** and **Jake Messinger** encourage Exchangites to **BRING TOYS!**



Linda Cahue from the new Sugar Land **Hyatt Place** visited to show her support for Santa's Exchange by becoming a sponsor.



Methodist Sugar Land Hospital offered free flu shots to patrons who bought a toy for Santa's Exchange.

Senior's Thanksgiving



November 5, 2010 was probably the best Thanksgiving visit at the **Fifth Street Community Center** that we've ever had. **Manuela Arroyos**, CEO of Fort Bend Meals on Wheels indicated her appreciation and stated that the seniors at Fifth Street love our visits and good times.

For the 2nd year in a row – EMERITUS Assisted Living's **Chef D and Jeri Krauss** brought turkey for 60 people, dressing, sweet potatoes, green beans, rolls, and piping hot peach cobbler. Thank you Jeri and Chef D. It was all so, so good. Everyone was very grateful!

Larry Pullen, photographer extraordinaire, took photos and made this wonderful collage.

These are the Exchanges who helped make it all happen: **Theo Anderson, Bob Dunham, Roy Miers, Larry Pullen, Sue Sanchez, John Hancock, Ron Norsworthy, Margo Pasko, Alicia Marra, Bob McDonough, Jeri Krauss and Susan Whitacre.**

Thank you, Mary Jo Salvaggio, Service to Seniors Chair

Veteran's Day "Thanks for the Memories"



Photo by Ed Lee

Colonel David Kiger coordinated a wonderful Veteran's Day program. Veterans were asked to stand when they heard their song in a medley of all of the Armed Services songs. Dave also showed some hilarious videos of Bob Hope's tour for the troops. We are proud to say that we have many veterans in The Exchange Club of Sugar Land and we thank you all for your service.

Sunshine Special George Ranch



Tommy Philips and **Kevin Barker** planned a fun day at George Ranch for children and their families. Exchangites **Bob Dunham**, **Sue Lockwood** and **Jim Lockwood** joined the group. The children had fun visiting the blacksmith shop and learning to rope cattle. A delicious burrito lunch was provided by **Chipotle Mexican Grill**.





Frozen, of course!

Bring a Turkey to Exchange on November 17 for the FB Women's Center



Give a Vet a Flag to Wave

Exchangites visited Emeritus Assisted Living and Memory Care facility to give Veterans a flag and thank them for their service. We heard many interesting stories including one from an Air Force flight attendant who flew with Bob Hope! Member, **Jeri Krauss**, works with the residents and thanked **Dave Kiger, Bob Dunham, Sue Lockwood, Linda Schoonmaker, Farha Ahmed, Amy Mitchell, Jake and Grace Messinger** for their time.

The ARC of Ft. Bend County ensures opportunities for people with intellectual and related developmental disabilities to maximize their quality of life within our community. ECSL member **Margo Pasco** works as a job coach and with the Special Olympics at The ARC. Past **President, Stewart Jacobson** sits on the board of The ARC. **President Amy Mitchell** presented them with a check in the amount of \$1500 to sponsor their fundraiser "**Best of the West**" dinner dance on November 20, at the George Ranch.

<http://www.arcoffortbend.org/>



Photos by Al McDonald



On Saturday, October 30, numerous Sugar Land Exchange Club members and their families and friends gathered to participate in the Fort Bend Memory Walk to raise money for the Alzheimer's Association and to show support for those in our Exchange Club family suffering from this terrible disease. Honorary team captain for Team ECSL was Member Emeritus Helen Cordes. The donations are still being counted by the Alzheimer's Association, but we are confident we have met or exceeded our Team ECSL goal of raising \$1500 through the generous support of the Club and our members, families and friends. Linda Schoonmaker

Birthdays

Theo Anderson 91

Doug Earle, Richard Early, Himesh Gandhi, Jackie Freeman, Wayne Stone, Steve Metzenthin, Chris Breaux, Nicholas Desai, Sharon Rollins, Robert McDonald, Nancy Dobert, Tom Abraham, Larry Pullen, Mark Eyring, George Head, Lisa Osborne-Poynor, Clark Walter

Sunshine & Showers

Please keep the following members in your thoughts and prayers:

Deborah Galmiche has 2 more Grandchildren on the way. Please pray for healthy deliveries as one mother has complications.

Please pray for the family of Orin Covill who passed away on 11/1/10