



# Exchange Hotline



## Exchange Newsletter

**August 1, 2011**  
Volume 17, Number 3

### Publisher

**The Exchange Club of Sugar Land**

4800 Sugar Grove Blvd. Suite 100  
Stafford, TX 77477

### Weekly Meetings

Wednesdays, 7:00 a.m.  
Sweetwater Country Club  
Palm Royale Blvd.  
Sugar Land, Texas

### Officers 2011-2012

President: Steve Griffith

President Elect: Gladys Brumfield

Secretary: Bob Dunham

Treasurer: Pat Welsh

Immediate Past President:  
Amy Mitchell

### Board of Directors

Al McDonald  
John Robson  
Reagan Walters  
Susan Whitacre  
Kevin Barker  
Margo Pasko  
Ruthanne Mefford  
Helga Zauner

### Photographers:

Larry Pullen  
Ed Lee  
Al McDonald

**Webmaster:** Al McDonald  
website@ecsl.org

**Newsletter :** Sue Lockwood  
newsletter@ecsl.org

**Calendar:** Paul Barnett  
calendar@ecsl.org



**Judge Jim Richard** telling jokes and **President Steve Griffith's** reaction!

**Photos by Larry Pullen**

### President's Message – August 2011

We are off to a good start! Hopefully, we are all having fun at the meetings. Judge Jim Richard is "back"! I really appreciate his willingness to provide humor at the meetings. To illustrate the fun we have; there is a slide show of the pictures that our photography group has taken at the previous meeting....which will run while we are having breakfast. We had a member comment that it would be helpful if we added names to the slides....because not everyone knew each other. So, starting this week, we are adding names to our slide show.

Our program committee is off to a great start and I know we can look forward to some really interesting programs this year. Part of what the program committee is attempting to do is to broaden our "horizons." As examples; we will be hearing about the service programs of Ismaili Jamatkhana and Center. We will also hear an interesting presentation from the father of Bart Whitaker on forgiveness.

This is our club, and we hope to have fun, each and every week. We will work to meet National's recommendation to keep our meetings to an hour. As we move through the year, we plan to weave some Exchange Education and "Get to Know You" presentations in our meetings.

On the morning of Sunday, August 14<sup>th</sup>, we have one of our signature service opportunities, Walk with Pride....where members help disadvantaged youths choose a new pair of shoes for the beginning of school. Between all three stores, over 600 youths will be provided a "right step" towards the new school year.

Finally, I appreciate everyone's tolerance as we get this new "Exchange" year started. Peggy is trying to keep me organized. She does keep me from making too many mistakes....but unfortunately there is a learning curve for both of us.....so we appreciate your patience.

Family is paramount to the success of our club. I know that continued outstanding service will flow from the strength of our family.

**Steve Griffith, President**



## Service to Seniors

"ECSL's "Service to Seniors Committee" is proud to announce an educational seminar "Back to Basics – Brain Health Food", **Friday, August 5, Fifth Street Community Center; 11:00 a.m. – 12:00 p.m.** This educational event is being sponsored by Jeri Krauss (Emeritus @ Sugar Land), Ron Norsworthy (Home Helpers) and Betty Frazier (The Terrace at First Colony). To volunteer for "Service to Seniors" please contact **Mary Jo Salvaggio**, [maryjosalvaggio@gmail.com](mailto:maryjosalvaggio@gmail.com) or 281-468-8217



**Shape Up Sugar Land's President Nicole Volek** spoke to Exchangites about their mission to promote wellness, raise awareness, and encourage activities that adopt healthier lifestyles for the community. For more info email or call [Nicole@volek.us](mailto:Nicole@volek.us) (832) 520-8212 or visit their website at [www.shapeupsugarland.org](http://www.shapeupsugarland.org)



John Kurek, karate instructor, and Tammy Benefiel, former police officer serve 1400 children in Ft. Bend with Kick Start Kids.

**Kick Start Kids**  
[www.kick-start.org](http://www.kick-start.org)



The character building program, started by Chuck Norris and President Bush Sr. teaches self-confidence and self-discipline through karate. Katie LeGate gave a testimonial on how the program changed her life and atti-

**DON'T COME TO  
EXCHANGE ON  
AUGUST 10th!!!**

**Go to Highlands Elem.  
2022 Colonist Park Dr.  
Sugar Land for our  
annual**

**BOY SCOUT  
PANCAKE BREAKFAST  
7:00 AM—8:15 AM**



## Upcoming Events

**WALK WITH PRIDE-SUNDAY-AUGUST 14**  
Help fit children with new school shoes 7:30-11:30.  
Contact: [kevin.barker@texanacenter.com](mailto:kevin.barker@texanacenter.com)

**Exchange Club Social-Thurs. Aug 11, 5:30  
AZUMA SUSHI BAR ON THE LAKE**

15830 Southwest Freeway Suite 100 (Near Whole Foods)  
Sugar Land 281-313-0518 (F) 281-313-0513

**BLOOD DRIVE—FORT BEND TOYOTA**  
September 16, 2011

## Birthdays

**August**  
John Heinemann, Shirley Brown  
Lydia Bourg, Sue Sanchez, Courtney  
Draker, Gui Vasquez, Timothy Jenney,  
Avic Chambers,  
John Braswell, Dave Stacy, Larry Street,  
Marie McCoy, Craig Brady, Kevin  
Anderson, Bill Rohrbach, Gregory Kramer,  
Willie Love, Ruth Anne Mefford

## Sunshine & Showers

**CONGRATULATIONS!**  
**Don Kerstetter, Classic  
Chevrolet named "Dealer of the Year"**  
Please thank Don for sponsoring Fort Bend  
Leadership Forum this year and for hosting a  
fundraiser for Kick Start Kids.

