



Exchange Hotline

Exchange Newsletter
May 1, 2013
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Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2011-2012

President: Gladys Brumfield

President Elect:
Robert Kern

Secretary: Bob Dunham

Treasurer: Pat Welsh

Immediate Past President:
Steve Griffith

Board of Directors

Kevin Barker
Margo Pasko
Ruthanne Mefford
Faye Roach
Jennipher Cole
Ed Lee
Al McDonald
Farha Ahmed

Photographers:

Larry Pullen
Ed Lee
Al McDonald
Sue Lockwood
Shauna Witt

Webmaster: Al McDonald
website@ecsl.org

Newsletter: Sue Lockwood
newsletter@ecsl.org

Blue Ribbon Schools Winners of CAP Contest



Third - Baines Middle School

Thanks to **Doug Earle** and his outstanding team for doing a wonderful job making our community aware of **Child Abuse** and how we can support efforts to prevent it. The blue ribbons, Light of Hope event, Blue Mondays and our great programs throughout the year provided insight to our members. We also loved seeing the pictures and hearing about the different ways the schools were involved in bringing awareness of Child Abuse to the community. Thanks to **Vita Goodell** and her Blue Ribbon Schools team. We also heard from **Lidya Osadchey**, Chief Executive Officer ESCAPE Family Resource Center, which was founded in 1983 by local Exchange Clubs to prevent child abuse and neglect in Fort Bend County and the Houston area. Because of our club fund raising efforts we help support several non profits efforts to prevent Child Abuse by donating more than \$40,000 thousand dollars and many volunteer hours to this cause. We give to these organizations and several others to help make our community, Fort Bend County, a better place to live. Thank you for all you do Exchangites.

This month, May, I am looking forward to our Trails of Texas and Freedom Shrine dedication. **Nick Landoski** has been working to make both events successful. The Freedom Shrine will be dedicated at Hodges Bend Middle School on May 8th. If you have never attended this event please plan to attend. It is always a moving event and it is great to see the children participate in learning about Americanism. There will be more details announced soon.

As we come close to ending the year we are very excited about the new club leaders and a very exciting year in 2013 - 2014. Of course we will be lead by **Judge Kern** and new President elect **John Robson**. They are busy selecting team members and making exciting plans for another wonderful Exchange year.

If you have not attended our morning meetings lately we would love to see you. **Clint Chapman** and his team have done an outstanding job arranging great speakers. Being at the morning meeting is just a great way to start your day with friends, *sometimes* a good joke, and always lots of smiles and great people.

See you on Wednesday!

Gladys J. Brumfield, President

The 48th Annual Crime Prevention Luncheon



Sponsored by The Texas Louisiana
Gulf Coast District Exchange Clubs



Photos by Ed Lee and Sue Lockwood



Health: It's not a sprint it's a MARATHON!

Rod White introduced his son **Chris White** to the club members as our speaker on fitness. Chris is a personal trainer with his own business. His advice to us was "eat clean and exercise." No processed foods, eat only unrefined foods, whole grains and complex carbs. fitwchris.com

Honoring Outstanding Youth

Doris Chen, Citizen of the Month from Sugar Land Middle School was introduced by **Rachel Dietrich**.



Ethan Buis was introduced by **Kevin Barker** as Citizen of the Month from Sugar Land MS.



Christi Fu, Youth of the Month from Clements HS was introduced with her family by **Carlos Perez**.

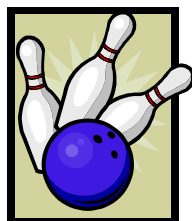


The Exchange Club of Sugar Land will be dedicating a **Freedom Shrine** on **May 8 at 9:00 AM** at Hodges Bend Middle School located 16510 Bissonnet, Houston, TX 77083. Our keynote speaker will be **Sheriff Troy Nehls**, Color guard with be provided by Travis High School ROTC. From a historical perspective, this is VE Day (Victory in Europe Day) which was the public holiday celebrated to mark the date of the unconditional surrender of the armed forces of Nazi Germany and the end of Adolf Hitler's Third Reich, thus ending WWII. **Nick Landoski**

Treasures Under The Sea Gala benefiting Child Advocates of Fort Bend

Saturday, May 4, 2013, 6:30 pm @ Sugar Land Marriott

Contact Gladys Brumfield gladysb0711@gmail.com



Corporate Challenge Bowling Tournament benefiting Fort Bend Regional Council on Substance Abuse

May 18, 2013 12:00-3:00 pm @ AMF Stafford Lanes

Contact: Doug Earle douge@firstcolony.org



Texas Louisiana Gulf Coast District Exchange Clubs Annual Convention

June 7th - 9th, 2013 • Embassy Suites Hotel

4914 Constitution Avenue • Baton Rouge, LA 70808 1-800-EMBASSY



The 95th National Exchange Club Convention will be held Wednesday, July 10, through Saturday, July 13, 2013, in Greensboro, North Carolina. All convention sessions and meal events will take place at The Sheraton Greensboro Hotel at Four Seasons. Make plans to join us this summer! www.nationalexchangeclub.org

