



Exchange Hotline

Exchange Club of Sugar Land Newsletter

July 15, 2015
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Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2015-2016

President:
Kevin Barker

President Elect:
Carlos Perez

Secretary:
Farha Ahmed

Treasurer:
Leo Weinberg

Immediate Past President:
John Robson

Board of Directors

Doug Brinkley
Helen Burgess
Clinton Chapman
Vernon Hunt
Jeri Krauss
Nick Landoski
Shaunna Witt
Rod White

Photographers:
Sue Lockwood
Amy Mitchell

Webmaster: Charlie Braun
website@ecsl.org

Newsletter: Sue Lockwood
newsletter@ecsl.org



EXCHANGE
THE EXCHANGE CLUB SUGAR LAND, TX

Kevin Barker's first President's Pin was presented to President Elect **Carlos Perez** for an excellent job in organizing the Inauguration Banquet. Kevin's theme this year is F.U.N. "Fulfilling Unmet Needs" in our community.



Board Recommendation to Increase Dues – Jim Kij made motion to accept Board Recommendation to increase dues to \$150 per quarter for Full members and \$45 per quarter for Affiliate Members. **Dave Kiger** seconded the motion. All members present were in favor, no members expressed opposition. Approved.

Moment in Exchange Club History – The first Exchange Club was started in Detroit Michigan by **Dr. Charles Berkey** in 1911. **Unity for Service** was developed by Dr. Berkey and it comes from the bible verse Psalms 133 "Behold how good and pleasant it is for brethren to dwell together in unity."



President **Kevin Barker** presented a check for \$2,000 to **Susan Bearden**, Director of Special Programs for **Fort Bend Partnership for Youth**. The non-profit continues to operate as an auxiliary organization for the probation department by financially supporting a variety of mentoring programs such as The Parent Project, Teen Parenting, Transitions, Tutoring, My Reading Coach Literacy Program, Canine Leadership and a Horse program. www.fbpfy.org

John Cates of Lifeway International spoke of the Peer Assistance program he developed to work with adolescents with alcohol and drug abuse to get clean and sober. It was the first in the nation back in 1976. Statistics show that peer intervention is successful and has been replicated around the country and is seen as the best practice model. The model is also being used with people with mental illness.



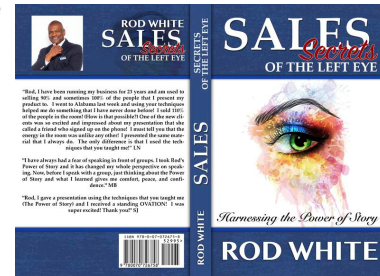
Speaker **Anuj Chopra** of **Right Ship** presented information on a movement towards emissions efficient cargo ships. Ship vetting is a risk assessment process to improve the safety, health and environmental performance of cargo ships. By encouraging shipping companies to invest in emission efficient ships, the level of green house gases in the atmosphere are being reduced, resulting in less pollution. www.rightship.com



Rod “The Story Teller” White presented a program on the new word he had become familiar with which was Fleek. Fleek means to be “on point” or “sharp”. Many of today’s generation uses it to describe a person’s style, performance, appearance, or a products effectiveness. Rod spoke about ways we can become Fleek in our lives. In order to be Fleek we have to have Focus on what we want to accomplish in life, a Love for what we seek to accomplish, Excellence in our work towards our accomplishments, Encouragement from others in working harder to achieve

our goals, and a desire to become more Knowledgeable about the steps we are taking to get to the next level, which then brings us back to having a clearer Focus towards making the next step.

Rod is a Communications/Business Coach, Keynote Speaker, Sales Trainer and Author of the Amazon.com Best Selling book, “The Power of Networking.” He has just published his new book “Sales Secrets of the Left Eye.”



Great Day Exchangites!

I wanted to give members the opportunity to sign up for committees who were not able to at our last meeting. We are having FUN and want you to be a part of Fulfilling of Unmet Needs in our club and in our community. It’s easy to sign up on Survey Monkey.

www.surveymonkey.com/r/MSQGCKG

Committees and Chairs 2015/16

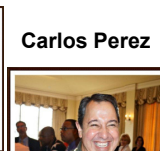
Americanism - Chair Nick Landoski
Child Abuse Prevention - Chair David Lanagan
Community Service - Chairs Cookie Joe Arthur and Tran Rich
House - Chair Carlos Perez
Photo/ Newsletter/ PR - Chair Sue Lockwood
Programs - Chair Harish Jajoo
Santa's Exchange - Chairs Jim Kij and Jake Messinger
Seniors - Chair Helena Arvanites
Social - Chair Sue Sanchez
Spaghetti - Chairs Rodney White and Lynn Krauss
Technology - Chair Clinton Chapman
Website - Chair Charlie Braun
Youth - Chair Amy Mitchell
Membership - Chair Doug Earle

Thank you for being a part of the **Exchange Club of Sugar Land** and supporting us in a spirit of **F.U.N.!**

Kevin Barker,
ECSL President



Nick Landoski and Vita Goodell



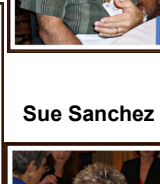
Carlos Perez



Charlie Braun



David Lanagan and Farha Ahmed



Sue Sanchez



Amy Mitchell and Kevin Barker



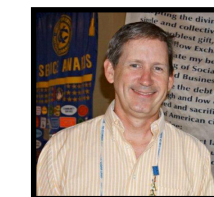
Rod White and Lynn Krauss



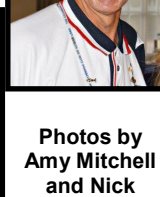
Doug Earle



Jim Kij



Clinton Chapman



Photos by Amy Mitchell and Nick Landoski



Jake Messinger