



Exchange Hotline

**Exchange Club of
Sugar Land Newsletter
December 1, 2016**
Volume 22, Number 10
Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2015-2016

President:
Carlos Perez

President Elect:
Rod White

Secretary:
Margo Pasko

Treasurer:
Leo Weinberg

Immediate Past President:
Kevin Barker

Board of Directors

Vernon Hunt
Duyen Le
Sue Lockwood
Scott McClintic
Nick Landoski
Clinton Chapman
Jaime Williams
Leslie Woods

Photographers:
Sue Lockwood
Greg Kramer

Webmaster: Charlie Braun
www.ecsl.org

Newsletter: Sue Lockwood
newsletter@ecsl.org



Happy



Thanksgiving



Fun was had by all googling answers to **Jim Kij's** 100 question First Thanksgiving quiz!!! **Morris Lasris** won the beautiful arrangement donated by **Nora Ann's Flower Shoppe** and graciously gave it to **Sue Lockwood** for her Thanksgiving dinner table.



President's Message:

Christmas Season is already here!!! For many of us this is our favorite time of the year. Before we can celebrate we should be **THANKFUL** for all our blessings. This club consists of so many great people that keep making me proud. Just last month we finished collecting Turkeys for the **Ft. Bend Women's Center**, then one of our members allowed us to help him deliver meals to over 60 families that he sponsored so they could also enjoy a Thanksgiving Meal with their families.

December is no different; we are ready to help our community. Our next activity is the food drive that thankfully **Greg Kramer** is leading, this will be held on Dec. 9th. The big talk around town is nothing other than **Santa's Exchange**. Get ready! We need tons of volunteers. Sorting & tagging will start on Dec 12 and the big day will be Dec 17. Everyone is expected to be there. If you have never participated in this activity, I encourage you to do so. We are thankful for **Jennifer Cole** and **Margo Pasko**, these two ladies with the help of many others like our Cyber King **Clinton Chapman**, began working on this activity in January 2016!

I want to wish all of you and your family a very Merry Christmas and wish that the New Year brings all of you a very healthy year.

Carlos

Photos by Greg Kramer

ANNUAL GARLAND MEULLER TURKEY DRIVE

Exchange members did it again! Although the number of turkeys collected this year (25 from 34) was down, the members donated over \$950 in cash!!! Last year was around \$500! Many canned goods in the Thanksgiving spirit were also donated to our drive. The folks at the Fort Bend County Women's Center were thankful, which was obvious just by their smiles, as was Garland in his new position in heaven.

The drive has been turned over to **Kevin Barker** for future years. This year he was a trainee as shown in the photo, and he passed with flying wings and pumped up breast!

Bob Hargather





Santa's Exchange/Toys for Tots December 17, 2016 Volunteers needed

To sign up for Santa's Exchange Day (12/17)

<http://signup.com/go/uocvmk>

To sign up for Pre-Sorting Week (12/12-13 & 12/15-16)

<http://signup.com/go/F8cknM>

Grab your Santa or Elf hat and come on down on December 17th! **Santa's Exchange/Toys for Tots** toy distribution event at First Colony Church of Christ, 2140 First Colony Blvd, Sugar Land has many shifts in which you can help. Times are 7-9 am set up, 9-12 and 1-4 help families select toys for their children for Christmas, and 4-6 clean up. If you stay all day you get a free lunch!

All toy collection boxes should be picked up at schools and businesses by December 9th and can be dropped off at the Church of Christ on beginning December 12 at the back door to be sorted. Come help sort toys at 5:30 December 12, 13, 15 and 16. Santa will put you on his "nice" list!

Margo Pasko

Dr. Asmim Sahw, Psychiatrist at Baylor and Chief of Psychology at Ben Taub Hospital spoke to Exchangers about "Road Rage," what causes it and how to avoid it. Road Rage is the intent to endanger someone's person or property. Some causes are aggressive driving, mental disorders, drugs, anger issues, PTSD, etc..

Ways to avoid it: 1. Leave early, 2. Eliminate distractions (texting, talking, etc.), 3. Ignore aggressive drivers, 4. Focus on where you are going, 5. Breathe, 6. Soft Music, 7. It's not about you it's about them and their behavior, 8. Practice kindness, 9. Call police, do not take it into your own hands. Out of the top 10 cities for Road Rage, Texas is only number 8. Let's not let it make it worse!



Our Kempner Youth of the Month Drake Lamb was joined by his counselor Ms. Burrell and his parents Scott & Danielle. Drake has 2 scholarship offers to prestigious schools and aspires to be a physicist or an astronaut!

Upcoming Events

SHARE YOUR HOLIDAYS FOOD DRIVE December 9, 2016 6AM-5PM

Exchange Club of Sugar Land will be participating in the food drive for the **Ismaili Jamatkhana Center**. Channel 13 will be there from 9-10 AM. Please sign up to help that day and/or **bring canned goods to Exchange meetings**. Contact **Greg Kramer** gkramer@flash.net



CASA CHRISTMAS HOME TOUR
Friday, December 9: 10 a.m. – 4:00 p.m.
Candlelight Tour: 6:00 p.m. – 9:00 p.m.
Saturday, December 10: 10:00 a.m. – 4:00 p.m.
\$25 Tickets can be purchased from
Sue & Jim Lockwood jlockwood3@comcast.net

Cookie Joe's Ballet Grace will perform on Saturday and Sunday Dec 10 & 11, 2016 at Sugar Land Baptist Church. The Holiday Program will also feature a full orchestra and choir. Tickets are \$10 general admission and \$20 for reserved seats.
Cookie Joe cookiejoedance@hotmail.com

