

The Exchange HOTLINE

Exchange Club of Sugar Land

Newsletter

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Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd., Suite 100 Stafford, TX 77477

www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club

Palm Royale Blvd.

Sugar Land, Texas

Officers 2015-2016

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Carlos Perez

President Elect:

Rod White

Secretary:

Margo Pasko

Treasurer:

Leo Weinberg

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www.ecsl.org

Newsletter Editor:

Greg Kramer

A TIMELY MESSAGE FROM THE PRESIDENT OF OUR CLUB

"I am a person of very few words. This newsletter reflects that."



"SPAGHETTI DINNER: That is all I have to say, that is all I can think about for this month. We must put all our efforts to make sure that we have as much money as possible to serve all the non profits that request grants. We want to make sure that President Elect Rod White, Mr. FITNESS, not only has the muscles to handle the presidency but also the money to help other organizations."



Remembering Those Who Graced Our Club at the Sweetwater Country Club For Our Wednesday Breakfast Meetings



Mayor Zimmerman of Sugar Land mugged by the Exchange Club of Sugar Land's president, Carlos Perez. This is a long standing tradition at the club for its guest speakers. Mayor Zimmerman enlightened club members on the new performance Center, Smart Financial Center, in Sugar Land. (2-1-17) Below, our club president Carlos Perez mugs one of our membership, Lynn Krauss. He was mugged for taking too long on the club's segment, Getting to Know Your Fellow Exchangite. He must have thought he was the guest speaker for that day. (2-8-17)





Anti-Defamation League (ADL) "No Place for Hate" speaker Jodi Bernstein gave us a great eye opening presentation of the consequences of hate. Ms. Bernstein is the Southwest Region Senior Associate Director of the FBI's domestic and international terrorism and hate crimes. She also coordinates the Southwest Region's Glass Leadership Institute which gives young professionals a close and personal opportunity to expand their knowledge about ADL.



Club member John Robson and Dr. Bob Conlon gave a sobering talk on drug abuse in Fort Bend County. The Exchange Club made a donation to the Fort Bend Regional Council for its mission of providing families and individuals substance abuse prevention, education, and treatment services they need for positive change for themselves and the community. (2-15-17)

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Isabella Kumar is the proud receiver of the Exchange Club's Young Citizenship Award from Dr. Greg Oelfke, DDS. Isabella is in 8th grade at First Colony Middle School. She has been on the First Colony Swim Team for nine years and is in the National Junior Honor Society. (2-15-17)



Kelli Metzenthin was presented a donation by the Exchange Club of Sugar Land on 2-22-17 in support of the Literacy Council of Fort Bend. Its mission is to improve family, community, and professional lives through adult literacy education. (2-22-17)



Isabella mentors 6th grade classes and finds time to volunteer for Lunches of Love. (2-15-17)



President Carlos Perez presents a check for Texana Center to Kate Johnson-Patagoc who said, "We are very grateful to the Exchange Club of Sugar Land for their **continued** support of our autism program and for this donation." (3-8-17)



Sugar Land's EMS Battalion Chief Cindy King was hired by the City's Fire Department in January 2014. Chief King was guest speaker at our club breakfast on 3-15-17. She explained that the City used to rely on Fort Bend County for EMS services, but now the city has its own EMS response team and five ambulances which cost approximately \$200,000 each. Chief King gave us a very informative talk on the City's highly sophisticated system. She currently serves on the EMS Committee for the Texas Fire Chief's Association.

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heart of Amy Mitchel as she presented Jefferson with the Youth of the Month Award on 3-1-17. An outstanding student, he ranks in the top High 4% at Clements School. He volunteers at the Houston Health Fair and gains professional experience at Southwest Urgent Care and Family Practice in Houston. He serves on Student Council as Senior Class President.





Cookie Joe presented the Youth Citizen of the Month Award to Kyle Willis, an exceptional 8th grade student from Sugar Land Middle School, on 2-22-17. He's been in band for three years and plays the French horn. He is known for his big heart for others, especially those less fortunate than him. Saving for three years, he gave Christmas gifts to the less fortunate in Trinidad. Kyle said, "It was probably one of the best experiences of my life." Way to go, Kyle!

Who Knew Spaghetti Dinner Could Be So Much Fun?



Back row left to right are Exchange Club of Sugar Land (ECSL) Paul Barnett, past president Kevin Barker, board member Jim Lockwood, current president Carlos Perez, and president elect Rod "The Storyteller" White.

Front Row left to right are the spaghetti event chairman Lynn Krauss, and Classic Chevrolet's General Manager Jeff Sebastian and Ray Aquilar.



Above is a group of Exchangites from the Sugar Land Exchange Club at Classic Chevrolet in Sugar Land, a sponsor for the ECSL's annual Spaghetti Dinner and Cookoff to be held at the huge cafeteria of Fluor in Sugar Land, Texas, April 21, 2017. The gathering was for a photo shoot for UpClose Magazine of Sugar Land to publicize the ECSL's spaghetti event.



A great turnout for the photo shoot: from left to right is Hal Marshal and Lynn Krauss (ECSL members) and Jerry Parks (Classic Chevrolet). Standing next to Jerry is our very loudly dressed current club president (notice the shoes) and ECSL members Ray Aquilar, Keven Barker, and Doc Mike Kessler, MD retired and rewired.

Let's All Come Together for the Good of Spaghetti!

Get to Know Your Club Member Day



Sam Abiodun presented himself to the Club for our Get to Know Our Club Member on 3-8-17. Sam is married and a father of three. He and his family have been residents of Sugar Land for 19 years. Sam is a Commercial/Small Business Insurance Broker.

