



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
August 1, 2018

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2018-2019

President:
David Lanagan

President Elect:
Vernon Hunt

Secretary:
Vita Goodall

Treasurer:
Duyen Le

Immediate Past President:
Rod White

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Webmaster:
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Message from the President



AUGUST is the Month of Preparation!

It's the month school starts and supplies must be bought, clothing prepped, schedules changed and all things made ready.

Our PROGRAM COMMITTEE met at Betty Baitland's recently and chose lots of exciting programs to bring INSPIRATION IN THE MORNING and advance our understanding of how to make our schools better, our city better, our health better and our attitudes better. Along the way we'll EXCHANGE IDEAS, hopes and dreams and fulfill our purpose as a club.

Soon you will have a chance to make a contribution of thought and caring and time as a committee member, volunteer and force for good in the community. The reason we know that NO ONE CAN DO EVERYTHING BUT EVERYONE CAN DO SOMETHING is that it takes us all to make a difference, one life at a time.

We stand on the shoulders of giants who have led us before. Now it is our turn to prepare and bless and change lives!

BRING YOUR CLOTHING for the WOMEN'S CENTER every Wednesday!

Show up to WALK WITH PRIDE SATURDAY AUG 4TH!

Bring a friend to breakfast and invite them to serve with you!
Make it a point to COME AND THANK A SCOUT at the SCOUT BREAKFAST 8/8/2018, as we fund their work for another year!

And greet those who sit with you at your table with love and concern. You never know what they are facing. Prepare this month to be a better person, a better club, and a better community! See you Wednesday Morning at 7 am!

I will see you Wednesday morning at 7 am in the Ballroom at Sweetwater Country Club with all your friends!

- David Lanagan

July 18th, 2018

The Freedom to Make a Difference with a musical program from our old pal Bill Nash of Champions Kids Camp



Bill Nash and Kirby Lammers came by and presented our program! Of course Bill graced us with song! See below for the mission of Champion Kids Camp. Our Mission:

To nurture children who have survived a traumatic injury, illness, or personal loss, such as the loss of a parent or sibling.

Champions Kids Camp was founded in 2001 by Singer/Songwriters, Bill & Kim Nash, in honor of their oldest son, Billy, who survived childhood Leukemia. Through a week-long camp, children between the ages of 8 and 12 are able to heal from the "emotional scarring" they have experienced in their young lives.

Over the years, CKC has helped thousands of children to move past their trauma, which gives them improved self-esteem & social skills, reduced fear and anxiety, higher grades in school, and the tools to become a productive part of our community.

The main objective at camp is to help instill a sense of pride in every child and let them know that they're not victims, they're survivors, and therefore, Champions!

Champions Kids Camp is a non-profit organization that was created in the summer of 2001. 501(c)(3) #05-0541975

We presented Bill with our check of \$3,000 and with Jim Kij leading the charge we raised another \$500 during our club meeting. Our donation was enough to sponsor 7 kids to attend the camp this year!



July 25th, 2018
**The Freedom to Rise Above with Kelly Litvak of
Child Proof America**

Kelly Litvak of www.childproofamerica.org presented a stirring program on the dangers of child sex trafficking.

We were informed and moved and everyone left determined to make a difference. The prevention of child abuse, is our number one project!

Child Proof America's MISSION:

Childproof America empowers families in the battle against sex trafficking. Our mission is to educate, equip and support America's parents in the protection and defense of their children, and improve the quality of aid to impacted families. As advocates, we provide legislative pathways for concerned Americans to enforce harsh penalties to those violating the innocence of our children.

Join us at Exchange Club of Sugar Land every Wednesday morning at 7 AM in the ballroom at Sweetwater country club for inspiration in the morning!



The Fort Bend Women's Center will
Collect Clothes at the Meeting EVERY Wednesday!



FORT BEND WOMEN'S CENTER PennyWise *Resale Store*

Women's shelter needs clothing for victims

The Fort Bend Women's Center is in urgent need of men's, women's and children's clothing donations to help its clients.

Unwanted clothes could help a family as they move into a new home, free of violence and fear.

Or the donations could be sold at its PennyWise store and help

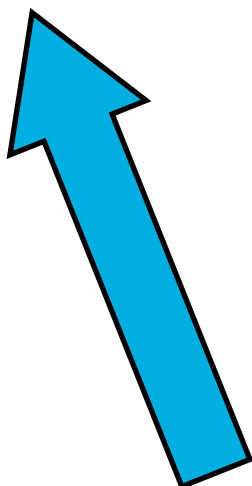
the center raise vital funds for its lifesaving service.

The center will even have someone pick up the clothing. Call 281-344-5777 or email pickups@fbwc.org.

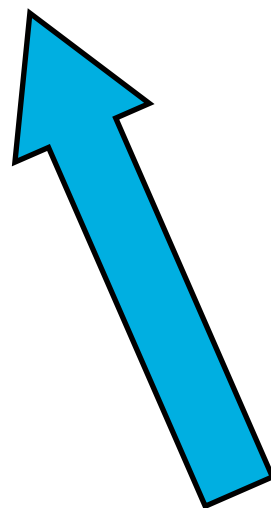
Visit <https://www.fbwc.org/pennywise/donating-to-pennywise/> for hours and locations.



We Love Our Guests!
Thank you to the members that brought them!



Welcome Ce Ce Yu!
Ce Ce was a guest of
Morris Lasris, thank you
Morris!



Welcome Lashundra
Culpeper! Lashundra was
a guest of Kalina Fashaw,
thank you
Kalina!



BRENDA ROBINSON

National Exchange Club's Court of Honor!



**Our own
Brenda Robinson
was named to the
National Exchange
Court of Honor
Congratulations,
Brenda!**





Let's Get Involved!

Want to serve
on the GRANTS
Committee?

See Vernon
Hunt!!!!



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Preparation for the Digital World	2	3	4 Walk w/Pride
5 Sue Sanchez Birthday!	6	7	8 Preparation for Character Scouts	9 Richard Peffley Birthday!	10	11
12	13	14 Walter Armatys Birthday!	15 Preparation for Better Health	16	17	18
19	20	21	22 Preparations for things to come	23	24	25
26	27	28	29 Prep Life's Next Phase Elisa L BD	30	31 Maggie J, Greg K, Ruthanne M, Birthday	

Quotable for Volunteers

“As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others.”
— Audrey Hepburn

“I believe that every human mind feels pleasure in doing good to another.”
— Thomas Jefferson

JOKE(S) OF THE DAY

A mom texts, "Hi! Son, what does IDK, LY, & TTYL mean?"

He texts back, "I Don't Know, Love You, & Talk To You Later."

The mom texts him, "It's ok, don't worry about it. I'll ask your sister, love you too."

For a period, Houdini used a trap door in every single show he did...

I guess you could say it was a stage he was going through.



Our Club August Calendar of Events



Preparation for a Digital World **Aug 1st**
Compudopt on Making Technology Available For All

Back to School/ Walk with Pride **Aug 4th**

Preparation for Character **Aug 8th**
SCOUT BREAKFAST

Preparation for Better Health **Aug 15th**
Amanda Compton on Healthier Nutrition Choices for Alimentary Wellness

Preparation for Things To Come **Aug 22nd**
Jim Murnane on The Imperial Project

Preparation for Your Next Phase of Life **Aug 29th**
Radio Hall of Famer Scott Arthur on How He Succeeded Through The Changes of the Radio Business

August 2018 Birthdays!

Walter	Armatys	Aug. 14
Maggie	Jaramillo	Aug 31
Greg	Kramer	Aug 31
Elisa	Layton	Aug 29
Ruthanne	Mefford	Aug 31
Richard	Peffley	Aug 9
Sue	Sanchez	Aug. 5