



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
July 1, 2018
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Publisher

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2018-2019

President:
David Lanagan

President Elect:
Vernon Hunt

Secretary:
Vita Goodall

Treasurer:
Duyen Le

Immediate Past President:
Rod White

Board of Directors

Cookie Joe
Juli Fournier
Lori Bisewski
Morris Lasris
Nora Sims
Kalina Fashaw
David Kiger
Brad Porter

Photographer
Rod White

Webmaster:
Charlie Braun
www.ecsl.org

Newsletter Editor:
Rod White
newsletter@ecsl.org

Message from the President



"YOU CAN MAKE A CHANGE WITH EXCHANGE"

Bill Nash wrote those words and sings them, but WE are living them.

At the National Exchange Convention one of the best presentations was from our CEO Tracey Edwards, who talked about STAYING RELEVANT by embracing change as a GOOD thing.

If you look over the last few years the complexion of our club has changed in lots of ways;

- there are young people
- there's lots of diversity
- there's not just one experience group or control group or power group.

The truth is, we are all in this together, reading our email, following our Facebook page, handling our businesses and lives and working together to make Sugar Land a better place.

Here's the thing. Age is irrelevant. Life stage is relevant. WHY people joined is important. How they are greeted is critical.

Use these words a LOT;

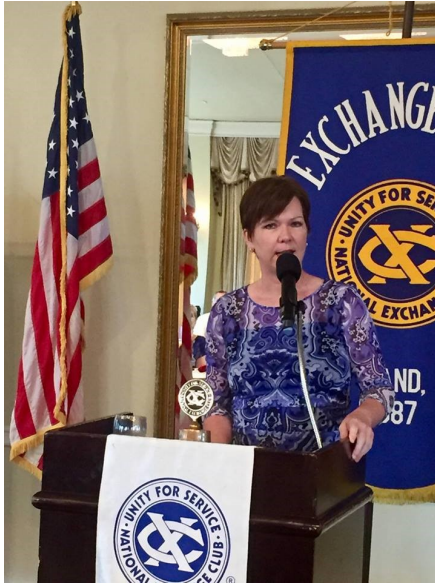
- "I saved you a seat!"
- "I" go to Exchange because it's important."
- "Everyone is welcome here at Exchange."
- "We get INSPIRATION IN THE MORNING here."
- "All levels of participation are important in our club."

Exchangites, we can do it. Together. And we all know that, NO ONE CAN DO EVERYTHING. But we are a club where EVERYONE CAN DO SOMETHING."

I LOVE this club and all of our people. I will see you Wednesday morning at 7 am in the Ballroom at Sweetwater Country Club with all your friends!

- David Lanagan

July 11th, 2018
Freedom from Fear with our
special speaker Shereen Samson from Abigail's Place Fort Bend



It is a great morning at Exchange. We started off with a prayer by Bob Dunham. Then the Texas pledge by Jack Williams. Kevin Barker led us in a rousing Texas pledge. Leslie Ann Woods presented a plaque to the Exchange thanking us for our many years of support to Fort Bend Crime Stoppers. David M. Lanagan have is all a pin with the inspiring message "No-one can do everything... But everyone can do something".

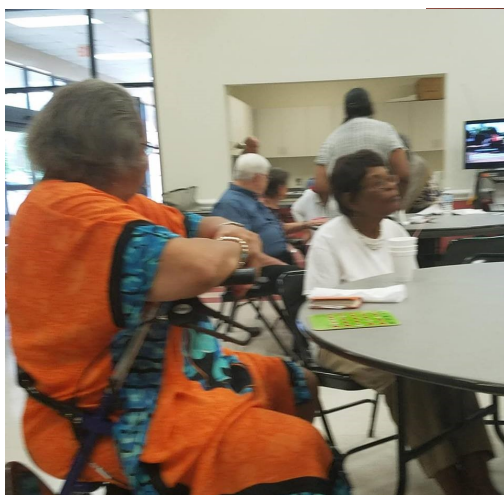
And finally we are hearing from Shirlene Sampson regarding Abigail's Place which is a Christian organization which provides a temporary home to single women/mothers in need.

~Amy Mitchell



Service to Seniors

Friday July 13th, 2018



The Fort Bend Women's Center
needs help!



FORT BEND
WOMEN'S CENTER
PennyWise Resale Store

Women's shelter needs clothing for victims

The Fort Bend Women's Center is in urgent need of men's, women's and children's clothing donations to help its clients.

Unwanted clothes could help a family as they move into a new home, free of violence and fear.

Or the donations could be sold at its PennyWise store and help

the center raise vital funds for its lifesaving service.

The center will even have someone pick up the clothing. Call 281-344-5777 or email pickups@fbwc.org.

Visit <https://www.fbwc.org/pennywise/donating-to-pennywise/> for hours and locations.





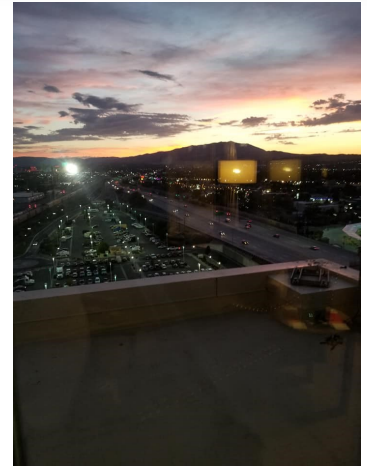
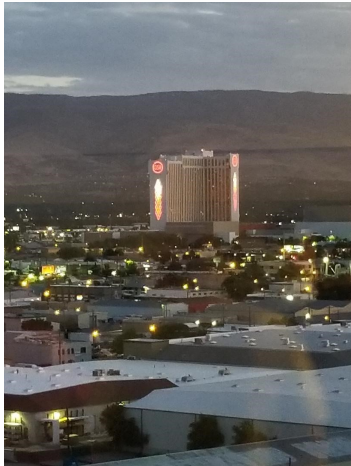
National Exchange 2018 Convention Nugget Casino and Resort, Reno NV

Our very own, Immediate Past District President, Jim Kij delivering the opening prayer at the National Convention!
Excellent job Mr. Kij!





National Exchange 2018 Convention Nugget Casino and Resort, Reno NV



Listening to a brave child sex abuse survivor - the adopted child of that monster Jerry Sandusky - grooming is the most important tell tale sign of abuse- labeled as a bad kid and a shy kid actually caused people to push him to his abuser- he states that 300,000 American kids are sexually abused each year - each and every year - we as parents don't talk to our kids about sexuality at a young age and this allows perpetrators thrive in this ignorance- his earliest memories was having he feet burned with a cigarette by his biological dad- he felt loneliness and tried to killed himself - he has a book that raises funds for healing victims- he takes none of the proceeds - as Nelson Mandela once stated it's always seems impossible until it's done - let's end child abuse - 'what kind of a nation are we where we must have signs that say don't hurt children -

~Farha Ahmed



National Exchange 2018 Convention Nugget Casino and Resort, Reno NV



**Texas-Louisiana Gulf Coast District won best
Hospitality Suite! Again!**



**Music + Margaritas = Lots of Dancing and a
great time by all!**



National Exchange 2018 Convention Nugget Casino and Resort, Reno NV

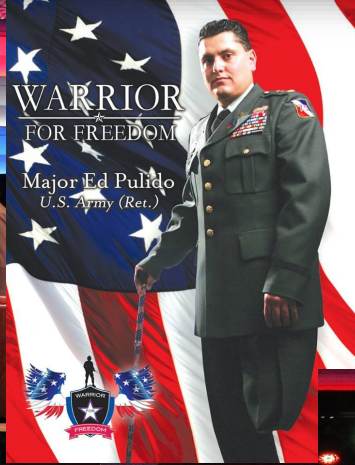


**Just Fun!
Yes Indeed!**





National Exchange 2018 Convention Nugget Casino and Resort, Reno NV



One Nation Under God Luncheon — Our very Carlos Perez led us in the Covenant of Service



National Exchange 2018 Convention Nugget Casino and Resort, Reno NV



Above is our National ACE award winner
Tyler Osborne



Above right, is our National Student of the Year
Nathan Layne Brown



BERKEY DINNER





National Exchange 2018 Convention Nugget Casino and Resort, Reno NV

**Texas-Louisiana Gulf Coast District
We clean up well!!!**



**Sign-up early for next
year's conference!**

**2018—2019 We will be
in Norfolk Virginia!**

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4th NO meeting	5	6	7
8	9	10	11 ECSL Freedom from Fear	12	13	14
15	16	17	18 ECSL Freedom to Make a difference	19	20	21
22	23	24	25 ECSL Freedom to Rise Above	26	27	28
29	30	31				

Quotable for Volunteers

“Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in”.

~Author Unknown

“The smallest act of kindness is worth more than the grandest intention.”

~Oscar Wilde

JOKE OF THE DAY

While he was visiting, my father asked for the password to our Wi-Fi.

“It’s taped under the modem,” I told him.

After three failed attempts to log on, he asked, “Am I spelling this right? T-A-P-E-D-U-N-D-E-R-T-H-E-M-O-D-E-M?”

Sharon McGinley, Talbott, Tennessee