



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
December 15th, 2019

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2019-2020

President:
Vernon Hunt

President Elect:
Paul Barnett

Secretary:
Vida Goodell

Treasurer:
Brad Porter

Immediate Past President:
David Lanagan

Board of Directors

Rick Bell
Kalina Fashaw
Brad Porter
Juli Fournier
Chanel Bermudez
John Heinemann
Jennifer Boley

Spaghetti Chair 2019
Lori Bisewski

Webmaster:
Charlie Braun
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org

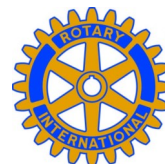
Santa's Exchange around the corner! December 14th, 2019

Hey...fellow Exchangite's, This week starting December 9th, get ready for a spectacular week of planning and preparation, and ending with a very special exciting day, where we give out toys to over 5,000 underprivileged children in Fort Bend County. Ages ranging from 1 to 17 years old.

Did I mention that the kids get 3 toys each and the older ones get gift cards, and they all get a number of "freebies"? (Pictures in this issue will be towards the back of this publication or in the January 1st Issue). Such an exciting day for Exchangite's to serve and make children a little happier in their life situation.

Exchange has been supporting this effort since 1992 and this idea/program was formed in earlier years with Carolyn Tarver when her son tragically passed away. Later, with much thought, she had an idea and vision for a way to help other children, in remembrance of her son... "Anyway the rest is history" of this great effort! This event includes, Exchange Club, Rotary Club and Toys for Tots!

News Guy (RB)



COMMITTEE

Qaisar Imam ECFB
Rick Bell ECSL
Clinton Chapman ECSL
Vernon Hunt ECSL
Brad Porter ECSL
Sue Sanchez ECSL
Eva Donalson PS
Carolyn Tarver PS
Michelle Bauer RI
Tabb Dye RI
Scott Finley RI
Karl Schleicher RI
Rick Smith RI
Gina Huber T4T
Jack Molho T4T

BOX ELVES

Exchange
Kevin Barker
Paul Barnett
Rick Bell
Marsha Bower
Dave Kiger
Nick Landoski
Morris Lasris
Cindy McCauley
Greg Olfke
Brad Porter
Nora Sim



ROTARY

Michelle Bauer
Todd Breton
Patrick Bullard
Stacy Croft Flo
Dixon Darla
Fanta Scott
Finley Josh
Griffin Bill
Griffin Jay
Harris Lerleen
Haw-kins
Mark Heuchert

Cathy Hitchmann
Ruth Katto
Marvin Marcell
Jim Munnell
Ward Pendleton
Greg Pendley
Mitchel Rahim
Lance Rangel
Jaf Stacy
Jeff Tallas
Steve Varney
Trent Wayne



Youth of the Month!

04/04/2019



Say hello to Mr. Mario E. DePavia, Senior at Clements H.S. Presented at Exchange Breakfast by Attorney Amy Mitchell! Mario is a remarkable young man in many aspects of his life to this point. There is a special place for people who serve and lead. Mario is definitely prepared for great leadership possibilities!

RANKED 19 OUT OF 639 STUDENTS | GPA OF 4.0 | SAT 1570 OUT OF 1600!

- President of Clements Model United Nations Club (May 2019-present).
- Stanford SPICE Reischauer Scholars Program (January 2019-June 2019).
- President of Clements Japanese National Honors society (May 2018-present).
- American Field Service Ambassador to Clements (2018-present).
- Captain of Clements Yosakoi Dance Team (2018-present).
- Treasurer (2019-present) and Historian (2018-2019).

Distinctions:

- College Board National Hispanic Scholar (2019-2020).
- AP Scholar with Distinction
- Awarded "Best Delegate" in Houston Area Model United Nations Conference's UNICEP Committee (2019).
- Exchange Club of Sugar Land Youth of the Month (December 2019).

A few highlights on Mario. But, there will be a lot more for this young man to accomplish!

Speaker of the Week!

12/04/2019



Don Heath and his wife, Debbie, have owned Touching Hearts at Home since February, 2010.

Their office received the Star Performance Award in 2012 and 2018 and is usually recognized as one of the Top 10 Touching Hearts at Home franchises. Maybe more significant, they served their very first client for over 8 years until her death. Don is a Certified Senior Advisor and has spoken to groups in various settings, helping attendees discover best care options for their loved ones.

Don's heart to serve people does not stop with Fort Bend and Harris Counties.

He leads an NGO, PNP Global, Inc., to serve people of various needs primarily in South Asia. They utilize short term teams addressing long term strategies.

Help! I want the best for My Loved One!

There are many options to consider when trying to decide what is the best way to meet your loved one's needs when they are not safe to be home alone constantly. The discussion will focus on pros and cons of the choices, questions to ask the providers and who pays for all this care. The goal will be to help you proactively develop solutions to meet your family member's need.

Touching 
Hearts® at home
The heart of home care.



Youth of the Month!

04/11/2019



Rennee Cannavo Presents Trish Nguyen-Thach as Youth of the Month. Kempner H.S.

Trish Nguyen-Thach with family. Parents, Grandparents and sister. Standing with Exchange President Vernon Hunt!

Trish Nguyen-Thach, presenting her speech of family unity and academic achievements.

ACCADEMICS

Trish is a National Merit Commended Student and an AP Scholar with Distinction. At School, Trish is involved in numerous honor societies and volunteer-based student organizations. She is in Mu Alpha Theta (the math honor society), Student Council and Best Buddies. Outside of school she teach Vietnamese to third graders at the Huyen Quang Vietnamese school. For the past few years she has since she was 8yrs. Old she also volunteered at her temple with dancing and performing to provide entertainment at fundraising and festival event. This past summer, she traveled to Vietnam where she taught individuals how to brush and take care of their teeth. She helped to raise money and donated dental supplies.

Kempner High School is the most diverse high school in Fort Bend ISD. She is a member of six honor societies, Student Council, Best Buddies YES Club, and health Occupations Students of America (HOSA). She has taken leadership positions as secretary of Student Council, Best Buddies, and Mu Alpha organizations. The leadership, communication, and organizational skills that I learned teaching will help me Trish be successful in the future. And she treasures the fact that she is able to connect with other individuals in her community through my volunteer work.

FAMILY

Trish is the oldest child in her family. One younger sister Tammy. She lives with her parents and maternal Grandparents and cousins near by. They are all very close and enjoy large dinners often for the holidays and go on vacations together as a family. Being Vietnamese and Buddhist, these values are deeply routed in who she is today!

Speaker of the Week!

04/11/2019



C- Meet - Mr. Jerosh Jacob!

**YOUNGEST U of H
GRADUATE OF HIS
CLASS, at the age of 18!**

2) Surendran Pattel Presents Jerosh Jacob!

**3) Standing with Exchange President
Vernon Hunt and receiving our "blue
mug" recognition!**

Jerosh, was born and raised in Houston and graduated with Honors this May from U of H as the youngest graduate of his class! He received a degree in Public Health. Earlier years in 2017 he was at Harmony Science Academy Houston High School as the valedictorian of his Class.

ACADEMICS

During his time at U of H , Herosh was a member of many organizations and took on leadership positions. He was the President of Global Aid Project, co-captain of Health Occupations Students of America's intramural basketball team, a peer mentor of the cougars and Houston area Math Program and many other recognitions.

HOME LIFE

Jerosh works with his dad as a DJ for Jacob's Creations and often volunteers at his church. He comes from a loving family who all have played a role in the healthcare field, Jerosh intends to further his education and become a healthcare professional one day!

OUTSIDE OF SCHOOL

As and aspiring health professional, and as a current intern Jerosh has been focused on disease prevention and health promotion by providing valuable information to uninformed individuals at health fairs that take place in Houston and its surrounding areas.

As a resident of Missouri City, Jerosh aims to find ways to improve healthcare delivery from an individual and community basis in his city and other areas!

Breakfast Pictures from December 4th/11th breakfast meetings!

