

Exchange Club of Sugar Land Newsletter November 1st, 2019

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100 Stafford, TX 77477 www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club Palm Royale Blvd. Sugar Land, Texas

Officers 2019-2020

President: Vernon Hunt

President Elect: Paul Barnett

Secretary: Vida Goodell

Treasurer: Brad Porter

Immediate Past President:
David Lanagan

Board of Directors

Rick Bell Kalina Fashaw Brad Porter Juli Fournier Chanel Bermudez John Heinemann Jennifer Boley

Spaghetti Chair 2019 Lori Bisewski

> Webmaster: Charlie Braun www.ecsl.org

Newsletter Editor: newsletter@ecsl.org

Guest Speaker of the Week!



IMPACT A HERO



Kevin Woods of "**Impact A Hero**" gave an inspirational talk to the Exchange Club of Sugar Land this morning. He reaffirmed my conviction that compassion can change the life and outlook of a struggling individual. (Comment by Surendran Patel) Standing with our President of Exchange Vernon Hunt.

Impact a Hero - helping veterans from post traumatic growth . (Comment by Farah Ahmed)

The Beginning.

Impact A Hero (IAH) was started in Cincinnati, Ohio in 2004 by founder **Richard** (**Dick**) **Lynch**. Having watched the men and women return home from the War on Terror with serious physical and emotional wounds, he was determined to help them with their new life challenges and situations – wounded heroes was his new mission in life.

"Home Schooled" Youth of the Month!

Brenda Fortman, was awarded for "Home Schooled" Youth of the month. With a 3.8 GPA.

Attributes:

- Dancing at 3 years old.
- Volunteer Work 55 Hrs. per Year.
- Senior Photo Editor.

2.3 million now Home Schooled!





Young Citizen of the Month!

Cookie Joe presented, Elizabeth "boo" Werts the Young Citizen of the Month award!



SUGAR LAND, TEXAS 1987



I represent multiple soccer teams in the Houston area, including: ISO Sports Performance, S.P.L., Houston Futsal, Album Soccer club, and Forza, ool of Austin. In school I particapate in National Juniors Honor Society and the program WEB, where we help incoming 6th graders transition to model school I work with younger soccer players to provide a positive rule model; teach soccer shills, housely, character and commitment. Outside of school I enjoy spending quality time with my family, playing competive soccer, and reading. You will tarely see me without a book in my lunds. I am the captian of my Albian soccer team. I tain 6-7 days a week z-4 hours per day all while maintaining straight As throughout my entire academic career. As part of the SLMS orchestra. I received the award "Outstanding bass player" my first year. I tave since been promoted to first chair

"Wings over Houston event"

Who is this guy? Anybody Know? Reward \$1.00!



"Wings over Houston Airshow is done!" Till next year!







Suren Pattel, Kevin Barker, Paul Barnett

Paul Barnett presented Vernon Hunt President of Exchange with \$7,500 from the Wings Over Houston airshow.

All exchangites that volunteered, "congratulations" for helping to make this a success this Year!



Vernon Hunt, current club president, presented \$5,000 to Kevin Barker of Texana!





Speaker of the Week!

10/23/2019





Chris Siebenaler, Methodist Hospital Sugar Land CEO, spoke to us this morning about excellence in care, growth in the healthcare market, and

changing the lives of patients.







This picture taken right before 3rd game of World Series. Astros win 3rd game in Series! Now only one down to tie Nationals!

"Our GO ASTROS Contingent was there this morning to represent for the Astros!"



Committee Chairs and Board Members!

- Americanism... Nick Landoski/Dave Kiger
- Child Abuse Prevention...Ruthanne Mefford
- Community Service...Cookie Joe Arthur & Tran Pham
- Historian... Greg Oelfke
- House Committee...Jeff Dodson/ Carlos Perez
- Membership... Nora Sim
- Photography... Russ Braun/Amy Mitchell
- Programs/Speakers... Kevin Barker
- Santa's Exchange... TBA
- Socials... Sue Sanchez
- Spaghetti... TBA
- Technology... Brad Porter
- Website... Charlie Braun
- Youth... Juli Fournier

From The President

"Get involved"



Where do you see yourself in our Organization? Think of the Possibilities!



After Hours Exchange Club! What are they up too?













We meet the 2nd and 4th Tuesdays of the month, always at 6:30pm!

Networking with purpose! The After Hours Exchange Club of Greater Fort Bend is a community of professionals committed to build strong communities.

Through our Programs of Service –

Americanism, Community Service, and Youth Programs we support activities that benefit youth, promote pride in our country, and honor military and public service providers, to name a few. Exchange's <u>National Project</u> is the prevention of child abuse.

HOW TO HAVE FUN WITH AFTER HOURS EXCHANGE!

FUN, PLAY, VOLUN-TEER!

SUPPORTING BIG BROTH-ERS AND SISTERS!

JOIN US!

