



# Exchange Hotline

Exchange Club of  
Sugar Land Newsletter  
September 1st, 2019

## The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100  
Stafford, TX 77477  
[www.ecsl.org](http://www.ecsl.org)

### Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club  
Palm Royale Blvd.  
Sugar Land, Texas

### Officers 2019-2020

President:  
Vernon Hunt

President Elect:  
Paul Barnett

Secretary:  
Vida Goodell

Treasurer:  
Brad Porter

Immediate Past President:  
David Lanagan

### Board of Directors

Rick Bell  
Kalina Fashaw  
Brad Porter  
Juli Fournier  
Chad Seime  
John Heinemann  
Jennifer Boley

Spaghetti Chair 2019  
Lori Bisewski

Webmaster:  
Charlie Braun  
[www.ecsl.org](http://www.ecsl.org)

Newsletter Editor:  
[newsletter@ecsl.org](mailto:newsletter@ecsl.org)

## Speaker of the Week!

08/14/2019



It was a great morning at Exchange! That's President [Vernon Hunt](#) "mugging" our speaker, the City of Sugar Land's Assistant City Manager, Doug Brinkley, who spoke about the General Obligation (GO) Bond election coming soon to the City. These projects have been identified by residents who "Imagined the Possibilities" for their community.

Sugar Land City Council is considering a \$90 million GO bond election on November 5th to address drainage, public safety facilities, streets, and an animal shelter. There is a total of \$90 million worth of projects identified in the proposed GO Bond. If the residents approve funding for these projects, the tax rate will increase \$10 per month for the average Sugar Land homeowner. With the voter's approval, the projects will be funded in future capital improvement projects beginning in Fiscal Years 2021 - 2023.

We love staying informed about happenings in the city and the county, as our mission is to make the place we live better and better. Join us every week to learn more about Sugar Land, Fort Bend, and the world!

FB comments by David Lanagan!

Cindy McCauley & Doug Earl, were recognized and congratulated for,

**“Perfect Attendance!”**

They were the only two Exchangites who made every Breakfast meeting for a 12 month period.



**Two of our newest visitors on 8/21/2019,** came to our breakfast meeting. They will be back and become members I am sure!

**Meet Emily Grigsby Thomas and Carl Sanders!**

They are the new swim coaches at Sweetwater Country Club. They are bringing the US Swim Team and the Masters Swim Team to Sugar Land. Try outs are August 23 and September 3 from 5 pm to 8 pm at Sweetwater Country CC.

**Do you have a child who loves swimming?**

**Maybe you love swimming?**





# New Membership Induction Ceremony!

08/21/2019



Chanel Bermudez and Venkata Santharaman, and Thad Olive joined Exchange Club of Sugar Land today inducted by Chris Breau. **Congratulations!** Their sponsors are Cookie Joe, Russ Braun and Amy Mitchell join them.

#Exchange strong #Imaginethepossibilities #ExchangeFit

FB comment by David Lanagan!



SUGAR LAND, TEXAS 1987



**K**evin Barker, was our speaker and he shared that Escape is “**re-structuring and not shutting down.**” They did sell the building ,that they were officing in, for classes and other programs. Kevin said, “This organization is a major part of Exchange.”

**Kevin will be board Chairman in September.** Oxychem and The Henderson-Wessendorff Foundation are major partners for Escape and are here to stay and support with their donations to Escape.



**A**t ESCAPE Family Resource Center, we believe that every child should grow up in a healthy family free from abuse or neglect. In fact, that has been our mission for over three decades.

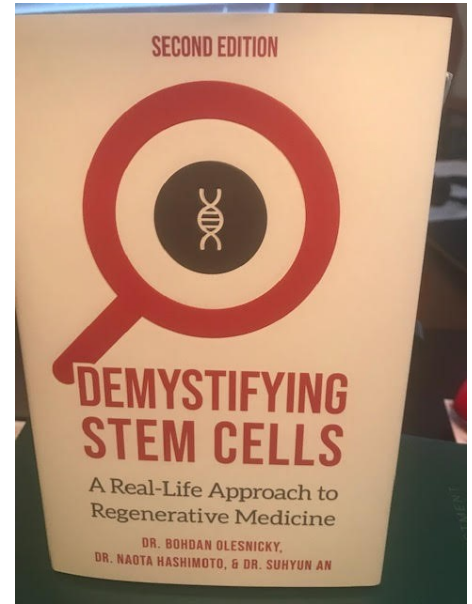
Child abuse occurs once every ten seconds in the United States and five children die every day as a result of abuse or neglect.

ESCAPE Family Resource Center delivers parenting education to assist families in providing more healthy development for their children. Over four dozen educators teach at-risk families the skills necessary to strengthen parent-child relationships and interactions among family members.



# Speaker of the Week

08/28/2019



**Dr. Suhyun An** is not just a doctor of chiropractic and nurse practitioner but a specialist in and regenerative medicine; she's a living example of how both can transform someone's life.

**After being hit by a drunk driver** and suffering for years with chronic neck pain, Dr. An was finally healed due to chiropractic care. As a result, she channeled her lifelong interest in science and medicine into becoming a chiropractor herself, graduating cum laude from the prestigious Parker College of Chiropractic.

**Dr. An's personal experiences** led her to open Campbell Medical Group in 2004, which now offers state-of-the-art pain management services using FDA-approved regenerative stem cell therapy, neuropathy treatment and chiropractic care. These natural, non-invasive therapies are alternatives to traditional medical or surgical pain management and provide Houston residents with the most comprehensive approach for pain relief.