



# Exchange Hotline

Exchange Club of  
Sugar Land Newsletter  
April 15th, 2020

## The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100  
Stafford, TX 77477  
[www.ecsl.org](http://www.ecsl.org)

### Weekly Meetings

Wednesdays, 7:00 a.m.

Sweetwater Country Club  
Palm Royale Blvd.  
Sugar Land, Texas

### Officers 2019-2020

President:  
Vernon Hunt

President Elect:  
Paul Barnett

Secretary:  
Vida Goodell

Treasurer:  
Brad Porter

Immediate Past President:  
David Lanagan

### Board of Directors

Rick Bell  
Kalina Fashaw  
Brad Porter  
Juli Fournier  
Chanel Bermudez  
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Lori Bisewski

Webmaster:  
Charlie Braun  
[www.ecsl.org](http://www.ecsl.org)

Newsletter Editor:  
[newsletter@ecsl.org](mailto:newsletter@ecsl.org)

## The challenges we face!



April is Child Abuse Prevention Month.

Dear Fellow Exchangites,

I hope this message finds you and your family are safe and well as we go through this pandemic (Covid-19) together.

This newsletter creates a historical moment for Exchange Club that none of us will ever forget, how people and businesses have suffered in many ways from this virus attack. And many people have been laid-off or hours cut, because of store closings, that are not considered an essential business. At this date I have not heard of any Exchangites or their families that have had the virus, and that is wonderful news.

Charlie Braun had his surgery on 04/10/2020 and it was a success, and we will hear more about his recovery in the next few days. The board is continuing to donate money to other non-profits we support, to remind all of us to have hope, and create something positive, in these unusual times from Exchange Club. While this pandemic is trying to bring some people to their feet nationwide. But, as Americans, we will overcome!



Tentative date  
is October  
**24th**



The blue ribbons are a project of the Sugar Land Exchange Club - reminding us of Child Abuse Awareness is the month of April !



(Pictures  
provided by  
Farha  
Ahmed).



March 7<sup>th</sup>....

Exchange Club of Sugar Land invites you to give along with us to the organizations that we support. Presentations of checks for this week were sent to the Fort Bend Rainbow Room for **\$2,000** and Crimestoppers for **\$5,000**.



The Rainbow Room is a resource room stocked with snacks, diapers, school supplies, clothes, toiletries, toys and other items frequently needed to meet the emergency needs of families in crisis. Our philosophy is that abused and neglected children and adults do not deserve used items, so only new items are stocked. Getting new items can have a significant impact on the children in helping them feel cared for and fit in with their peers at school. The Room is available to caseworkers 24 hours a day, 7 days a week for any of our clients.

Crime Stoppers is a program that empowers regular people to fight back against crime. Anyone can submit an anonymous tip by using our Online Web Tips, Mobile Tips, or by calling the Tip Line. If that tip leads to an arrest, you can receive a cash reward! Congratulations to these organizations and continue your good work! (Note: Photos altered from presentations last year)



If you have not yet heard of **Crime Stoppers** in Sugar Land TX, then we invite you to explore our non-profit organization and learn about the exciting, effective ways in which we're promoting safety and security throughout the local community.

One common misconception is that Sugar Land Crime Stoppers is a law enforcement agency. This is untrue. We are an independent organization that has developed a variety of resources that provide community members with everything they need to recognize crime issues in the community and take steps to solve them.

However, Crime Stoppers does work closely in a partnership with law enforcement, especially when it comes to collecting information.

## Wish list of immediate needs:

- Twin size sheets and comforters (new)
- Diaper bags
- Crib sheets (new)
- Pillows
- Lice treatment
- \$25 Wal-Mart gift cards

**Ft. Bend Rainbow Room**

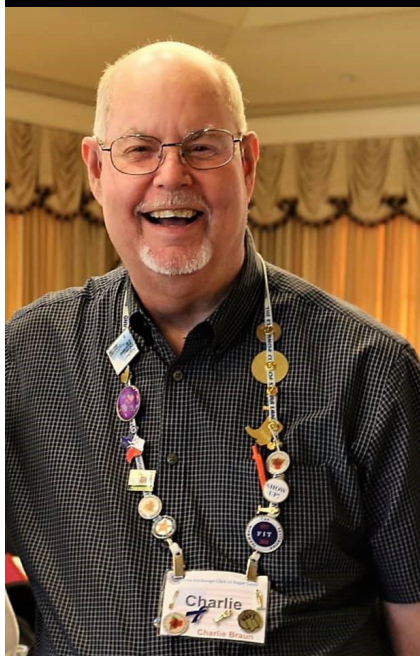




The Scouts BSA Troops that ECSL supports are continuing to have activities, albeit virtual, during the pandemic. We are (through the Zoom app) having merit badge workshops, Scoutmaster Conference, boards of review (for ranks), and are working on setting up troop meetings.



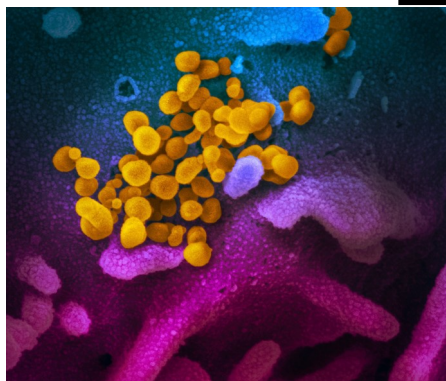
Some have indicated that Zoom has some security concerns, but that is only if you do not have a host who monitors and decides whether or not to admit participants, and have passwords. Kudos to Troop 1731 Scoutmaster David Van Kleeck, who also teaches a course on Engineering Management at Rice, who has a professional copy of Zoom that allows the additional security.



**CHARLIE IS DOING GREAT AFTER HIS SURGERY!**



**A LITTLE DAVID LANAGAN HUMOR!**



What you're seeing above is a scanning electron microscope image in false color, showing the COVID-19 virus from a patient in the US; the viral particles are colored yellow as it emerges from the surface of a cell, which is colored blue and pink.

**SOCIAL DISTANCING:**

If you don't understand the concept, we'll have JJ Watt explain it to you...





## So, what are you doing at home, since the Virus has quarantined you!

**David Lanagan...** Even social distancing at home there's a lot to do. Of course, Angela is a gourmet cook and I am a gourmet assembler, so we do lots of that!

Then, you probably remember that Angela is a pro level wildlife photographer. Virtually every day we are visited by up to 10 deer from the wetlands preserve behind our house and lots and lots of birds. It's a beautiful place to live and a beautiful place to await

getting together with all of you! We miss all of our Exchange friends!



David M. Lanagan and Angela McCain



**Russell Braun...** Life is good! I don't have any pets right now, but I have always had dachshunds in the past. I Play piano everyday from about 4-6:30pm. It brings me much enjoyment. Hope to be good at it some day. I have been single 18 years and that's ok. My beauty will show up at the right time.

I am a Realtor and now call myself "Rockin Realtor" I feel like I am a real soldier in life, but never in the Service. Child Advocacy is important to me. Every child should grow up in a positive environment!

**Lou Braun...** I can't imagine what the Exchange Club doesn't know about Charlie. That picture is who he is, family man. He loves to play jokes on his kids (and me.) He loves spending time with his kids and talking with them. He has always talked to his kids as if they were adults, even as babies. He adores spending time with our Tess. That is his biggest disappointment during the Covid-19 pandemic; he can't visit with Tess in person.

He loves his church and singing in the choir. He is disappointed in the Astros' 2017 behavior, but is also disappointed he hasn't been to a baseball game yet this season. He is a good man, great husband and terrific father.



**Astros**

Baseball fanatics in this family!



**SATURDAY OCTOBER 24TH**

**SPAGHETTI DINNER FUNDRAISER IN THE EVENING!**

## Leo Weinberg ...“A Self-Isolation Quarantine Diary”

Leo & wife... trip to New Zealand/Australia



**Day 1** – I Can Do This!!! Got enough food and wine to last a month!

**Day 2** – Opening my 8th bottle of wine. I fear wine supplies might not last!

**Day 3** – Strawberries: Some have 210 seeds, some have 235 seeds. Who knew???

**Day 4** – 8:00pm. Removed my Day Pajamas and put on my Night Pajamas.

**Day 5** – Today, I tried to make Hand Sanitizer. It came out as Jello Shots!!

**Day 6** – I get to take the Garbage out. I’m so excited, I can’t decide what to wear.

**Day 7** – Laughing way too much at my own jokes!!

**Day 8** – Went to a new restaurant called “The Kitchen”. You have to gather all the ingredients and make your own meal. I have no clue how this place is still in business.

**Day 9** – I put liquor bottles in every room. Tonight, I’m getting all dressed up and going Bar Hopping.

**Day 10** – Struck up a conversation with a spider today. Seems nice. He’s a Web Designer.

**Day 11** – Isolation is hard. I swear my fridge just said, “What the heck do you want now?”

**Day 12** – I realized why dogs get so excited about something moving outside, going for walks or car rides. I think I just barked at a squirrel.

**Day 13** – If you keep a glass of wine in each hand, you can’t accidentally touch your face.

**Day 14** – Watched the birds fight over a worm. The Cardinals lead the Blue Jays, 3–1.



#StayHome  
It could save lives

Farha Ahmed



Zubair Ahmed

**Farha Ahmed...**

So, I told **Farha**, that it was “national pet day” and that I needed a picture for the newsletter. She responded, here’s my special pet! Referring to her husband! Lol! You bring so much value and friendship to Exchange Club of Sugar Land!

*Thank you for the funny!*



**Carlo Perez...** Here in this picture you can see the trouble makers of the Perez family. While Leslie is spending these days organizing the house and giving Carlos and Danny chores, these two along with Kiko have been spending most of the time hiding from her. Carlos will be celebrating 18 years as a Exchange member this June. He is looking forward for all this Covid 19 to be over soon and if not he will end it himself (that is what he thinks). He is looking forward to personally meeting again with the Exchange family and ready to become our District President for the 2020-21 year.



## So, what are you doing at home, since the Virus has quarantined you!



**Judge Rick Bell...** So, with the inability to get out and do things, I built a couple of raised garden beds. I took a picture of it for you, along with one of me returning from a grocery visit where I was able to find toilet paper and paper towels. (Not showing) I was very proud because we were in short supply at that time.

I enjoy getting outside and working in the yard, gardening and running, when I am not at work? The courts are only hearing emergency matters so I have more free time now than normal so I have been doing projects around the house, like building the gardens.



**Jeff Dodson...** We are about to have "2" Zoom family Easter celebrations with Beth's side of the family, and then my side, then attend the replay of Easter Mass at St. Foustina's.

**This is our quarantined family unit with Beth and I, and our daughter Amy.**



**Paul Barnett...** My favorite place. Fortunately flying solo is "extreme social distancing." I'm able to stay proficient but it is nice to be able to take passengers along.

The picture through the car window was taken by Charlie Braun after a flight over Houston (Get well Soon Charlie so we can go back "up up and away!"). Some of the best flying is Pilots N Paws flights, flying dogs (and some cats) to forever homes.



Please stand 6ft away



while reading this Newsletter!

## So, what are you doing at home, since the Virus has quarantined you!



Nora Sims...

Well, Nora is not exactly at home, lol! But, having fun from 6ft. away from her "Hubby". Nora has owned her own flower shop for a number of years! She helps making the baskets for the Spaghetti Dinner Fundraiser event for the Silent auction area! She is a great value and friend to the Exchange Club of Sugar Land!



*From the Editor...Just a note about Charlie Braun, I have known Charlie since 1992. I met him at St. Laurence when I joined the choir with him. He has been very instrumental in helping Exchange Club of Sugar Land with his marketing expertise for our Club. We all miss you buddy, get healed from your surgery and hurry back to Exchange!*



**You're a good man Charlie Braun!**



**I want to thank everyone that sent me pictures and a paragraph about what they were up to! Mucho Gracias!**