



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
Aug 15th, 2020

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly "Zoom" Meetings

Wednesdays, 7:00 a.m. on-line

Formally at:
Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2020-2021

President:
Paul Barnett

President Elect:
Rick Bell

Secretary:
Vita Goodell

Treasurer:
Brad Porter

Immediate Past President:
Vernon Hunt

Board of Directors

Jeff Dodson
Leslie Woods
Brad Porter
Thad Olive
Chanel Bermudez
John Heinemann
Jennifer Boley
Lori Bisewski
Sue Sanchez

Spaghetti Chair 2020

Rick Bell

Webmaster:
Charlie Braun
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org

Dear Exchange Members,

The Spaghetti Dinner 2020 has been cancelled, our fundraising efforts have not. If every club member pitches in to **raise, influence or give** \$1,500 to the Exchange budget this year we can fund the local groups that have come to depend on us, and need us even more right now. Send your pledge to treasurer@ecsl.org.



EXCHANGE CLUB OF SUGAR LAND

THE PLAN:
FIRST. CANCEL THE DINNER - BUT KEEP THE RAFFLE.
DO THIS NOW.

THEN. ASK FOR A LEAD GROUP TO JOIN IN GIVING
TO INSPIRE MEMBERS TO PLEDGE AND GIVE.
AND ANNOUNCE THE LEAD GIFT TEAM.

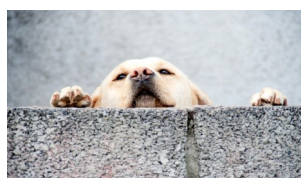
FINALLY. GIVE EVERY EXCHANGITE A PERSONAL CHANCE TO
GIVE OR RAISE FUNDS FOR THE CLUB THIS YEAR
TO COMPLETE THE BUDGET.
EMAIL YOUR PLEDGE TO [TREASURER@ECSL.ORG](mailto:treasurer@ecsl.org)
MARKED "PLEDGE"

LET EVERYONE THAT CAN HELP IN ANY WAY HELP!



Take Me out to the....

Our first Social outing of the 2020-2021 Exchange year is coming up soon. Join us for fresh air, sunshine, and Baseball. Beer and Skeeter Dogs too. Friday August 21, 7:00 p.m. at Constellation Field. There are a limited number of \$11 tickets available so don't wait to let us know you'll be attending. Email Colleen Migl at cmigl@kcq-lawfirm.com Don't be left out!



THE PEOPLE OF EXCHANGE

My name is Charlie Braun and I own a marketing company called bizINTOUCH. We specialize in Stay-In-Touch marketing. Our goal is to turn existing customers into REPEAT customers and prospects into NEW customers. bizINTOUCH is home to the Happy Monday newsletter. I've been managing the website and newsletter at WWW.ECSL.ORG for years! Our website is www.bizintouch.com
Thank you.

Charlie Braun
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www.bizintouch.com
<image001.jpg>

Email Marketing | Printing | Direct Mail | Promotional Products |
Text-A-Lead Lead Generating System



Exchange Speaker Series



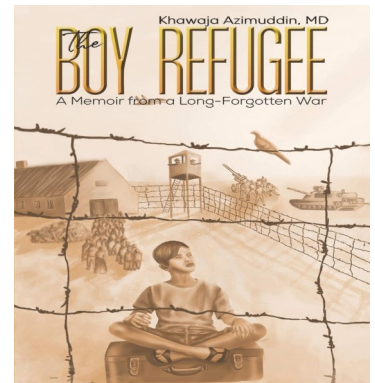
Elizabeth W. Newlin M.D.

Elizabeth (Liz) Newlin M.D. was our guest speaker July 29th. She talked about the newly funded Children's Mental Health Services starting this fall in Fort Bend. These services are needed more than ever because over the last twenty years the number of students hospitalized for psychiatric disorders has increased by over 300% and are expected to increase even more because kids will not be in school this Fall.

Dr. Khawaja Azimuddin M.D. was our guest speaker August 5th. He talked about his life after the Indo-Pakistani War of 1971 as a young boy living for a miserable two years at a refugee camp in a 6 x 8 room with five other family members. His book chronicling this time is available on Amazon here https://www.amazon.com/dp/1645361209/ref=nav_timeline_asin?_encoding=UTF8&psc=1. He is a colorectal surgeon in Houston and **STRONGLY** recommends not to skip a colonoscopy, it can save your life.



Khawaja Azimuddin M.D.



Our speaker August 12th was Robbin Mallett with the Cullinan Park Conservancy. The park has remained open and visits are way up. Weekends are particularly busy with over 500 cars a day. Robbin pointed out how beneficial the effects of being out in nature a minimum of two hours a week are for people, especially those subject to a virus lockdown. **So get out to the park!** You can find out more park info here. <https://www.cullinanparkconservancy.org/> Enter the Park photo contest here. <https://www.cullinanparkconservancy.org/Contest>



Robbin Mallett

Back to School Bash

The Fort Bend County Social Services *Back to School Bash* was Saturday August 8. Exchange Club Members worked 10:00 am - 1:00 pm. handing out hundreds of backpacks containing back to school supplies in a dual drive through set up. Thanks Bruce Smith, Doug Earle, Rick Bell, Jim Kij, Kevin Barker, Robert Kern, Sharon Rollins, Carlos Perez, Cindy McCauley, and Brad Porter! President Sandi Mercado and President elect Steve Stewart of the After Hours Exchange Club were there as well to help out and learn how the top rated ECSL does things.



Check Presentation!

We presented a check today to Vita Goodell for the Fort Bend Women's Center. You can find details about their Measure Up For Kids Campaign here <https://fbwc.org/get-involved/measure-up-4-kids-campaign.html>



BIRTHDAYS!

Jim Hudnall 7/24, Daniel Menendez 7/28, John Heinemann 8/2, Darla Farmer 8/3, Shirley Brown 8/4, Sue Sanchez 8/5, Colleen Migl 8/6, Richard Peffley 8/9

EXCHANGE ANNIVERSARIES

**Ray Aguilar 6 years
Walter Armatys 6 years
Rick Bell 4 years
Don Burns 11 years**

**The Exchange Club of Sugar Land
www.ecsl.org**

Texas-Louisiana Gulf Coast District Exchange

tlgcd.portalbuzz.com

National Exchange Club

www.nationalexchangeclub.org

