



# Exchange Hotline

Exchange Club of  
Sugar Land Newsletter  
July 1st, 2020

The Exchange Club  
of Sugar Land

4800 Sugar Grove Blvd. Suite 100  
Stafford, TX 77477  
[www.ecsl.org](http://www.ecsl.org)

#### Weekly Meetings

Wednesdays, 7:00 a.m.

Meeting by Zoom  
Until Further Notice

#### Officers 2020-2021

President:  
Paul Barnett

President Elect:  
Rick Bell

Secretary:  
Vida Goodell

Treasurer:  
Brad Porter

Immediate Past President:  
Vernon Hunt

#### Board of Directors

Jeff Dodson  
Leslie Woods  
Thad Olive  
Chanel Bermudez  
John Heinemann  
Jennifer Boley  
Lori Bisewski  
Sue Sanchez

Spaghetti Chair 2020  
Rick Bell

Webmaster:  
Charlie Braun  
[www.ecsl.org](http://www.ecsl.org)

Newsletter Editor:  
Russ Braun  
[newsletter@ecsl.org](mailto:newsletter@ecsl.org)



*Fellow Exchangites,*

***“THANK YOU!”*** Is the most powerful and sincerest words I can say to all of you, as I pass the torch to our good friend Paul Barnett.

*It is with much appreciation and gratitude that I pen my last official message to my fellow club members. I want to take a moment to say what a wonderful experience it has been to be your president for 2019-2020. I could not “imagine the possibilities” of being your President before you courageously cast the responsibility of leading the club upon me. I would like to thank each and every one of you for entrusting such a huge responsibility to me. I hope I did not disappoint. You have all been gracious, kind, accepting, forgiving and supportive. Again, I am extremely grateful for the opportunity I had.*

*To the individual members of The Exchange Club of Sugar Land I ask that you weigh you personal obligations to the club and remember always that you are no stronger than your weakest link. Band together to keep Exchange Strong. **“If you want to go fast, go alone; If you want to go long, go together”.***

*Thanks to the members of the Board of Directors who served alongside of me. Your labor of love and participation helped the club achieve all the things we accomplished throughout the year. **“Thanks for a job well done!”***

*As I move to my new role as immediate Past President, I pledge to support Paul Barnett and the new Board of Directors. I will continue to make **“Exchange Strong” through “Unity for Service”.***

*Always remember to **“Imagine the Possibilities” !!!***

*Sincerely,*

*Vernon Hunt  
Immediate Past President  
Exchange Club of Sugar Land*



# ***The Texas Louisiana Gulf Coast District-District Exchange Convention 06/20/2020***

This year our Venue was at the Quail Valley Golf Course and City Centre and the first ever meeting for Exchange held both live and virtually through “Zoom” because of our continuing corona virus pandemic. It truly has been challenging for all our clubs this year in 2020.



A bit of History -**THE HOUSTON OPEN**, Many residents and long-time golfers are often surprised to discover that the former Quail Valley Country Club once hosted the Houston Open in 1973 and 1974. Though it was a different route (combination of holes) than what is available for public play today, the city and Quail Valley are proud of this legacy.

## **Pictures taken at the District Convention!**



Ms. Katina Scott  
Master of Ceremonies!



President of National Exchange  
Mr. Russ Finney

ACE Award Winner– Ms. Tyrisea Preston in the middle and her mother Ms. Felicia Preston James on the right and left side Mr. Richard Flicker from the baton Rouge Club.

**Accepting the Challenge of Excellence (ACE).** It is a student who has overcome hardship in their life such as a trauma or family and/or economic struggles to excel in school and give back to the community. This student worked 40 hours per week to help support the family, helped care for her brother who had a mental illness, went to high school full time and found time to give back to her church and her community.



**District Convention continued...**



L-R, Kevin Barker, Debbie Hebert, Dorothy Nall



L-R, Andy Dunham, Debbie Hebert, Dorothy Nall



L-R Lynn Wells, Kevin Barker, Katina Scott, Doug Earle



L-R, Susan Schwartz, Brenda Robinson



L-R, Carlos Perez, Katina Scott



L-R, Lynn Wells, Katina Scott



All the awards and new District titles are on page 6 of the newsletter!







Not only Youth of the month for December 2019, Mario E. Depavia at our National District convention was honored a prestigious award of **YOUTH OF THE YEAR for 2019!** (Pictures are from December 15h newsletter 2019, at Sweetwater C.C.)



Say hello to Mr. Mario E. DePavia ,Senior at Clements H.S. Presented at Exchange Breakfast by Attorney Amy Mitchell! Mario is a remarkable young man in many aspects of his life to this point. There is a special place for people who serve and lead. Mario is definitely prepared for great leadership possibilities!

### **RANKED 19 OUT OF 639 STUDENTS | GPA OF 4.0 | SAT 1570 OUT OF 1600!**

- President of Clements Model United Nations Club (May 2019-present).
- Stanford SPICE Reischauer Scholars Program (January 2019-June 2019).
- President of Clements Japanese National Honors society ( May 2018-present).
- American Field Service Ambassador to Clements (2018– present). □ Captain of Clements Yosakoi Dance Team (2018-present).
- Treasurer (2019-present) and Historian (2018-2019). Distinctions:
- College Board National Hispanic Scholar (2019-2020). □ AP Scholar with Distinction
- Awarded “Best Delegate” in Houston Area Model United Nations Conference’s UNICEP Committee (2019).
- Exchange Club of Sugar Land Youth of the Month (December 2019). A few highlights on Mario’s leadership skills. But, there will be a lot more for this young man to accomplish!



District Convention continued...



A proud new District President! Carlos Perez!



Exchange Missouri City, President Richard Gross



L-R, Dr. Richard Flicker, Katina Scott, Ms. Tyrisea Preston, Her mom Mrs. Felicia Preston and Mark Schwartz Memorial Club President & NECF President!



President of Exchange Club of Sugar Land "totally excited" when we won all **8 awards** for our District!



L-R Steve Wells Missouri City Club, Carlos Perez



The Texas Louisiana Gulf Coast District had their District Convention this year at the Quail Valley Golf Club and Town Centre. This was the first meeting held both live and virtual-

We also welcomed in our new slate of District officers for the 2020-2021 year. They are as follows:

**District President: Carlos Perez**  
**Immediate Past President: Katina Scott**  
**President Elect: Doug Earle**  
**Secretary: Kevin Barker**  
**Treasurer: Lynn Wells**

**Division Director 1: Q Imam**  
**Division Director 2: Alexandra Clark**  
**Division Director 3: Debbie Hebert**  
**Division Director 4: Tim Timmons**

**VP of Communications; Dorothy Nall**  
**VP of Social Media: David Lanagan**  
**VP of District Events: Sandi Mercado**  
**VP of Club Growth/ Building: Jim Kij**  
**VP of CAP: Mike Reichek**

**Volunteer Field Representatives:**  
**Debbie Hebert**  
**Brenda Robinson**  
**Steve Wells**  
**Mike Reichek**



# Real Leadership!



## Paul Barnett! CONGRATULATIONS MR. PRESIDENT!

Now Paul fly us **Exchangites** to the moon and back!, and give us a ride we can't forget. **#EXCHANGE STRONG!** Let's together raise funds , and then, just give it all back to the community through charitable organizations, that continue tirelessly to help less fortunate and challenged children and young adults, and abused and displaced women! **We can do this**, even with having to adjust to Covid-19, with you Paul our new leader at the Helm!

**A few of Paul's fans, have something to say to you! There were many more comments on Facebook!**

7:31

David's Post

 **Surendran K. Pattel**  
Congratulations 🎉🎊🎈  
10h Like Reply

 **Samson Abiodun**  
Congratulations Paul.  
9h Like Reply

 **Farha Ahmed ☕**  
Congratulations !!  
9h Like Reply

 **Gladys Jones Brumfield**  
Congrats  
8h Like Reply

 **Mike Reich**  
I know you will be great Paul!  
Congratulations!  
8h Like Reply

 **Larry Pullen**  
There couldn't be a better choice.  
7h Like Reply


Write a comment... GIF 😊


Home Friends Profile Notifications Menu


7:27


David's Post


3h Like Reply

 **Lynn Krauss**  
Paul & Jonee (hate auto correct)  
😊  
3h Like Reply

 **R William Braun 🖐**  
Congratulations Paul!  
2h Like Reply

 **Venkata Subramanian S**  
Congratulations  
1h Like Reply

 **Bob Hargather**  
Congrats and have a great year in your new office  
32m Like Reply

 **Harish Jajoo**  
Congratulations Paul . You would be a great leader for this club.  
5m Like Reply

Write a reply...

Write a comment... GIF 😊

Home Friends Profile Notifications Menu



# Free food distribution at Gallery Furniture!

Gallery Furniture in Richmond, Texas was a free food distribution site for the **Houston Food Bank**. Exchange members along with other volunteers distributed milk, and chicken to needy families. That day volunteers served over 1000 families. Gallery Furniture will be distributing food from that location on Tuesdays. Families can sign up on the Fort Bend County social Services website. We had 3 exchange members, **Kevin Barker**, **Cindy McCauley** and **Vernon Hunt** at this event.



**EXCHANGE**  
THE EXCHANGE CLUB SUGAR LAND, TX



# Girls Boy Scout Troop 1731

The Exchange Club of Sugar Land is the initial sponsor of Troop 1731, an all girl Boy Scout Troop. On Sunday the troop held a Court of Honor honoring the achievements of it's members. Members of the Exchange Club were invited to attend the event. Members attending included Cindy McCauley( active with the troop), Carey Snyder (Troop Leader), Paul Barnett, and Vernon Hunt (President of The Exchange Club).



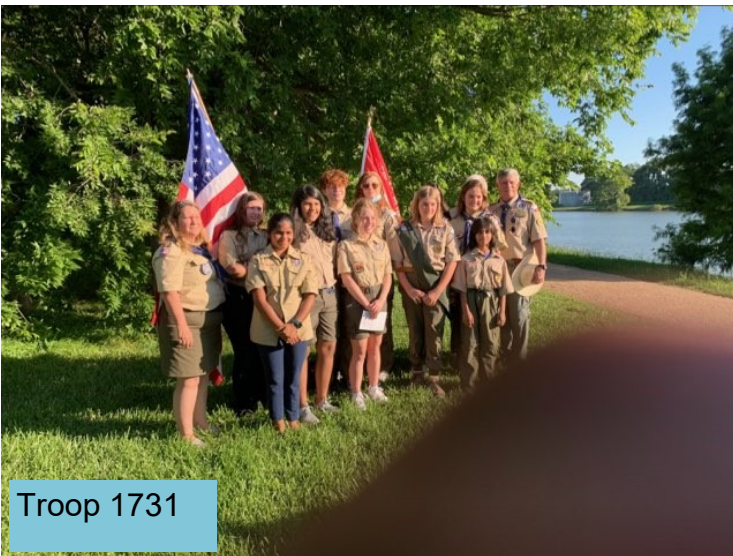
L-R , Carey Snyder, Cindy McCauley, Paul Barnett, Vernon Hunt



Cindy McCauley



They look great!



Troop 1731



Troop 1731standing with Exchange Members.



Prepared. For Life.®





If you are new to Exchange, let me have the pleasure of introducing you to our **new** ECSL president...

## Paul Barnett!



In these 3 pictures, I see 3 things that Paul truly loves. His wife Jonee and his dearest of 35 years ! And now she is First Lady of Exchange Club of Sugar Land ! Next, I see his love and passion for the Exchange Club and taking on many leadership roles over 20 years with Exchange. And third... but never last, his great love of flying!

**Born in Louisiana.** • Grew up in New Orleans, very familiar with both sides of the river. • Graduated from University of Southern Mississippi, B.S. Biology, Minor Chemistry, Minor English. • Founder and former co-owner with Jonee of Manhattan Bagel. Houston Press Best Bagels in Houston 2002. • Founder and former co-owner with Jonee of Miracle Method Surface Restoration Houston SW. • Met in college and married to Jonee for 35 years. • One daughter Erica, a writer covering politics in Seattle. Her first book comes out July 7, 2020. • Resident of Sugar Land for 35 years in same house. • Member of ECSL 18 years. • Chair of ECSL Wings Over Houston fundraiser for 15 years. Pets are two dogs and two cats and numerous self sufficient lizards in the yard. • Former member Sugar Festival Board. • Former member City of Sugar Land Airport Advisory Board. • Former member City of Sugar Land Buildings Standards Commission. • Former member and Vice Chair City of Sugar Land PARCS Board. • Former member City of Sugar Land Redistricting Advisory Committee. • Former member City of Sugar Land Memorial Park Task Force. • Former member City of Sugar Land Mobility Advisory Committee. • Former member City of Sugar Land Community Summit. • Former member City of Sugar Land Brazos River Task Force. • Former member City of Sugar Land Visioning Task Force. • Hobbies, cooking, reading history, biographies, and any thing aviation related. • Hobby, Flying. • Favorite flying is Pilots N Paws animal rescue flights. Have flown 47 missions transporting 116 dogs and 9 cats to permanent homes. Member of the Cirrus Owners and Pilots association, a 7,000 member aircraft type club and serve on the Migration Committee that puts on our annual fly-in convention.



**EXCHANGE**  
THE EXCHANGE CLUB SUGAR LAND, TX



## "Zoom" Speaker of the Week!

06/17/2020



Introducing Jon Lindgren!

Jon is a creative marketing executive and broadcast program producer. Beginning in the late 90's Jon has been a news videographer/journalist, a commercial production, program producer, and on-air station spokesman. Jon's programming has aired on national networks including ABC, CBS, NBC, A&E, ESPN, Fox Southwest Sports, PBS, and The Discovery Channel.

With a focus on integrating traditional advertising methods with non-traditional electronic media for greater audience retention, Jon has served many causes to raise endowment, awareness, and developing educational content for close to 50 non-profits over the years.

He moved to Houston in 2014 to serve the healthcare industry with a startup company called Recovery Network that provides internal broadcast systems for hospitals. Most recently Jon has spent time with TXFNE, HPD, and the DA's office to help develop education that will assist in the recovery for victims of violent crime.

### PAUL BARNETT'S THOUGHTS STARTING OUT AS "PRES"

***"Ten years ago no one would have thought we would be quarantined in homes, and Carlos would be District President, and I would be ECSL President. What a crazy time!"***

#### **Editors note—Russ**

*I just want to say from the start of this newsletter and now almost finished I would like to say...Vernon, you did a **great job** just trying to get us through all this, (you know what). And keeping us on track to be a positive group doing good things during the Corona pandemic. Summing that up for you, it means... **"Imagine the Possibilities"** when negative things happen, **Real leadership** is with people that can pull us all through with a positive attitude and outcome!*

*Thanks Vernon!*

*When I started this July 1st addition of the newsletter I was somewhat stumped. Missing the District convention probably added to that feeling. But in a few days I figured it out. I really wasn't sure how to give the "respect" to all these men and women in Exchange. I just felt deeply that I needed to put it all together correctly. Anyway, all you Exchangites are awesome. If you want something in the newsletter, just tap me on the shoulder so we can get a nice picture of you or group. I hate to miss a photo opportunity for anyone going forward during Paul's reign as president.*

*Thanks again Vernon, from all us Exchangites, of your overwhelming passion and commitment to Exchange Club!*