



Exchange Hotline

Exchange Club of Sugar Land Newsletter
October 1st, 2020

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly "Zoom" Meetings

Wednesdays, 7:00 a.m. on-line

Formerly at:
Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2020-2021

President:
Paul Barnett

President Elect:
Rick Bell

Secretary:
Vita Goodell

Treasurer:
Brad Porter

Immediate Past President:
Vernon Hunt

Board of Directors

Jeff Dodson
Leslie Woods
Thad Olive
Chanel Bermudez
John Heinemann
Jennifer Boley
Lori Bisewski
Sue Sanchez

Spaghetti Chair 2021

Rick Bell

Webmaster:
Charlie Braun
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org



It's three weeks until this years non conventional "Spaghetti Dinner". It is tough to have an in person dinner this year with thousands of our best friends but that does not mean the ECSL is taking a year off! The charitable groups we support can't take a year off. It would be hard to ask thousands of kids to take a year off because of no Santa's Exchange. What would it be like to take a year off and not honor outstanding students from our local schools. This year they need us more than ever! The ECSL has never let a challenge stop us. Our "Spaghetti Dinner" fundraiser is a team effort. It takes "All Hands on Deck" to make sure we can have a successful outcome to help others and make our community a better place to live. Remember why you joined Exchange.

63.5% OF THE WAY TO THE Goal



TOGETHER WE CAN DO IT!

What Can I do to help?

1. Complete your pledge form [here](#) to help completely fill our pledge thermometer.
2. Fulfill your pledge by selling Raffle tickets.
3. Fulfill your pledge by buying Raffle tickets.
4. Give items for the Silent Auction.
5. Identify or sell a "Table" Sponsor. Form is [here](#).
6. Buy or sell a cool Spaghetti Basket [here](#).
7. Fill volunteer roles as needed.

Exchange Speaker Series



Breanna Fetkavitch

August 16

Breanna Fetkavitch is the Director of Outreach for Street Grace. Street Grace is a non-profit organization with a mission to end the commercial sexual exploitation of children. They offer social media safety tips to help protect youth and use some very interesting technology, a bot named “Gracie” to help stop traffickers before they can get to these kids. <https://www.streetgrace.org/>

September 23

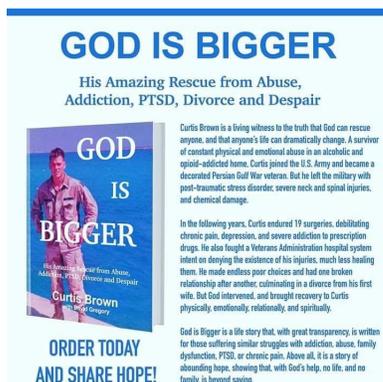
Curtis Brown, is the founder and CEO of the Curtis Brown Foundation. Curtis experienced nearly 18 years of horrible addiction to opioids and psychotropic medications that nearly destroyed his family, in addition to undergoing 8 major neck/back surgeries that nearly took his life. The Browns struggled for years to find real answers, good doctors, logical solutions and a small glimmer of hope. In God’s perfect timing their prayers were answered and their very dark medical hell came to a screeching halt yielding itself to true answers, proper medical care and complete freedom from addiction. Out of their struggle, they birthed the Curtis Brown Foundation. The foundation helps veterans and their families get the physical, mental, medical (surgical, traditional and natural) and spiritual tools needed to properly address injury/chronic pain and ultimately overcome PTSD, addiction, anxiety and depression.

The Curtis Brown Foundation is all about providing tools to help veterans, their families and community overcome life's struggles. They provide a weekly radio show “Battlefield Connections” on KKHT FM 100.7 and a weekly YouTube video series “Beyond The Battlefield...Overcoming Life’s Landmines.” Some unfortunate facts are that during Covid, addiction rates of veterans have increased by 30% and veteran suicide rates have increased as well.

“God Is Bigger, His Amazing Rescue From Abuse, Addiction, PTSD, Divorce and Despair” was written by Curtis along side New York Times Best Selling Author David Gregory. You can find it on Amazon [here](#).



Curtis Brown



Monthly Take Your Favorite Williams to Lunch Day



Thad Olive, Sharon Rollins, Nora Sim, Paul Barnett, Brooke Thompson, Rashmi Sheel, May Williams, Jack Williams, and David Lanagan met for lunch at Vaqueros to discuss important Exchange Club Business.



The *ECSL Hot Tub Social* at Colleen Migl's has been postponed until further notice!

Club Building

Doug Earle is leading the team to help form two new Exchange Clubs, one in the Cypress/290 area and one in the Fulshear area. If you have friends, or business associates in those areas that you believe would be a good fit to help form a new club send Doug their contact information.



dougesltx@gmail.com

Young Citizen of the Month

Our first Young Citizen of the Month, Liana Tosounian from First Colony Middle School, was presented by **John Robson**. Her mom and dad, Susan and Artin also attended. Liana has played the piano since she was four. Other hobbies are reading, dance, Taekwondo, Karate, and soccer. She is an A student and has been on the Honor Roll since attending FCMS. She wants to be a doctor one day, maybe a Gastroenterologist.



Our Young Citizen of the Month September 23 was Addison Milligan from Sugar Land Middle School, was presented by **Cookie Joe**. Her dad, Jay also attended. Addison's hobbies and activities include Student Council, volleyball, basketball, tutoring, cross country, and Girls on the Run.

Happy Birthday!



BIRTHDAYS!

Rene Cannavo 9/16, Jenn Cole 9/17, Harish Jajoo 9/22, Tran Rich 9/22, Bob Dunham 9/26, Kent Reynolds 9/26, Arlene Roisen 9/26

EXCHANGE ANNIVERSARIES

Exchange Club of Sugar Land Thirty Three Years,
**Shirley Brown Fifteen Years, Larry Street
 Fifteen Years with ECSL Over 52 years
 combined with other clubs, Eric Robbins
 One Year**

The Exchange Club of Sugar Land
www.ecsl.org



Texas-Louisiana Gulf Coast
 District Exchange
tlgcd.portalbuzz.com



National Exchange Club
www.nationalexchangeclub.org