



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
June 15th, 2021

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly "Zoom" Meetings

Wednesdays, 7:00 a.m. "on line"

Formerly at:
Sweetwater Country Club
Palm Royale Blvd.
Sugar Land, Texas

Officers 2020-2021

President:
Paul Barnett

President Elect:
Rick Bell

Secretary:
Vida Goodell

Treasurer:
Brad Porter

Immediate Past President:
Vernon Hunt

Board of Directors

Jeff Dodson
Leslie Woods
Thad Olive
Lori Bisewski
Cookie Joe
John Heinemann
Chanel Bermudez
Jennifer Boley

Spaghetti Chair 2021
Rick Bell

Webmaster:
Paul Barnett
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org

From the President!

Dear Exchange Members,

Things are getting back to normal! "Yea" !!!

Nine ECSL members traveled to San Antonio to be at the well attended **Exchange Clubs Region 5 2021 Convention!**

And... we are meeting in person again!, and soon we will retire our best and most favorite President of the 2020-2021 Exchange year and also four members of the board.

Here's more good news! The Exchange Club of Sugar Land will hold our 2021 Installation Banquet June 30, 2021, 6:00 p.m. at **Sugar Creek Country Club** to swear in a new President, and Board!

Officers & Directors 2021-2022

President - Rick Bell
President Elect - Lori Bisewski
Secretary - Vita Goodell
Treasurer - Ed Gojara
Immediate Past President - Paul Barnett

Board Members One Year Term - Jeff Dodson, Thad Olive, Bruce Smith, Leslie Woods

Board Members Two Year Term - Juli Fournier, Cookie Joe, Colleen Migl, Suzanne Whatley

If you know any of these members, make sure you are there to **cheer** them on as we begin a **new Exchange year**. We will have a fun night of food, drink, a little club business, and lots of visiting!

Please register you and any guests you plan to bring that evening. We have had a great **2020-2021** and plan to have a **fantastic 2021-2022** as well!

It has been great serving
as your President!

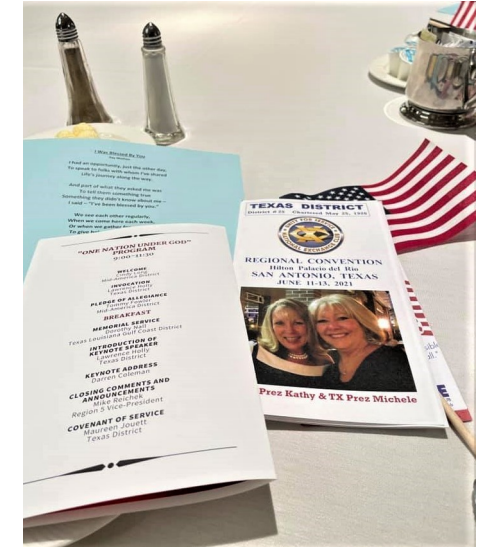
Sincerely,

Paul Barnett



SUGAR LAND, TEXAS 1987

Exchange Clubs Region 5 2021 Regional Convention!



EXCHANGE
TEXAS LOUISIANA GULF COAST DISTRICT
America's Service Club

Exchange Clubs Region 5 2021 Regional Convention!

The Gulf Coast Region 5 Conference was hosted at the Hilton Palacio del Rio in San Antonio!



Carlos Perez bids farewell as District President of TX/Louisiana Gulf District President!



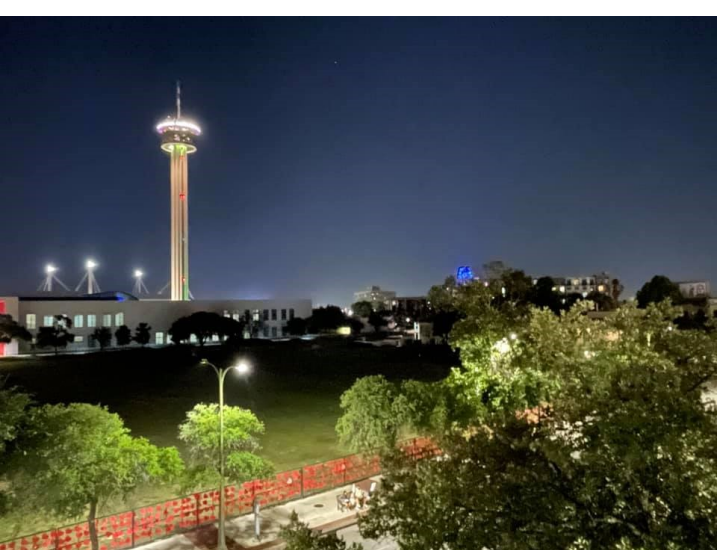
Looks like Carlos got a few gifts while saying goodbye from Doug Earle the new President of the TX Louisiana Gulf Coast District!

- 1) Patriotic Briefs!
- 2) Burger King Crown?
- 3) Mont Blanc?
- 4) Plaque

Nice!



Exchange Clubs Region 5 2021 Regional Convention!



EXCHANGE
TEXAS LOUISIANA GULF COAST DISTRICT
America's Service Club

Pictures taken by David Lanagan!

Exchange Clubs Region 5 2021 Regional Convention!

Carlos passing the District cookie jar to Doug Earle!



Kevin Barker



Hmm... right out of a 007 movie maybe?



Mike Reichel



Birthdays, Anniversaries, Events

Happy Exchange Birthday! Dennis Dowell 5/31, Nick Landoski 6/3, Doc Lee Ivey 6/5

Exchange Anniversaries! Brad Porter 5/31/16, Morris Lasris 5/31/15, Tran Rich 5/31/15, Cookie Joe 5/31/13, David Lanagan 5/31/00, John Robson 6/1/08, Surendran Patel 6/7/19, Edward Gojara 6/7/19.

Save the Date: Save the Date #2: The ECSL Installation Banquet 2021 will be held Wednesday, June 30, 2021, starting at 6:00 p.m. at Sugar Creek Country Club.

Vickie Coates is asking for volunteers for the Tri-City Churches Resale Shop during the month of June to help pick up furniture. vickie@humanneeds.org

June 29, 5:30-6:30 p.m. Join **Ruthanne Mefford** and Child Advocates of Fort Bend on a **Sip and Stroll!** RSVP to Dana at DMersiovsky@cafb.org or 281-344-7253

June 30, 6:00 p.m. The **ECSL Installation Banquet 2021** will be held Wednesday, June 30, 2021, starting at 6:00 p.m. at Sugar Creek Country Club. You must register to attend. Contact Paul Barnett

September 11, 2021, Suzanne Whatley, President of the Sugar Land Citizens Fire Academy Alumni Association is planning for the Inaugural Firefighters Ball at Safari Texas. Note "Inaugural". That means they haven't done one before. Suzanne needs HELP! You can reach her here Suzanne@SWhatley.Com.

Doug Earle introduced **Vera Johnson**, Executive Director, and **Etta Harris**, Associate Director of Fort Bend Family Promise this morning. They attended to accept a check for \$1,500 to support their **YEP!** Program (Youth Empowerment Planning). The YEP Program helps homeless youth in shelters.

- Summer Learning Empowerment---Helps keep homeless youths from falling behind their school peers in math and reading.
- School Needs/Empowerment---Helps to pay school fees not part of the regular curriculum such as band, club fees, and parking fees.
- Access to Laptop Computers---Allows school-age children to check out laptops from the Day Center and have access to tutors.
- Social/Behavioral Empowerment---Provides mentoring, fitness and skills training, mentorship and mentorship training, and tutoring to improve grades as needed. It provides full team uniforms and pays fees to enter local, state, and national tournaments with the Ankle Breakers AAU competitive basketball team. Find them here <https://fortbendfamilypromise.org/>



Speaker Series



06/02/2021

Brooke Thompson introduced our speaker Howard Partridge. Howard grew up very poor in a little 600 square foot shack in Mobile, Alabama where there were 7 kids living. At 18, he moved to Houston with 25¢ in his pocket. He found a job as a waiter and after working for five years and getting married he used wedding cash to start his first business.

He is a very successful entrepreneur having owned nine small businesses. Howard has also written seven books about business, marketing, and success and currently owns four businesses and already seems to know quite a few of our members.

Howard's subject was “The Power of Community (How phenomenal leaders inspire their teams)”.

He mentioned Victor Frankel's book **Man's Search for Meaning**. Victor was captured by the Nazis in WWII. He had a visa, a visa that would allow him to escape to freedom but he had stayed behind so he could try to protect his parents. Of course, that did not work out too well for any of them.

Frankel said that “Man's search for meaning drives us all”. Howard stated that there are three things that Frankel shared that we need for meaning.

1. We get meaning from having a worthy project to work on---just like Exchange members. We always have a worthy project.
2. A redemptive view of suffering---We need to see the light at the end of the tunnel.
Howard's younger brother has ALS and can only communicate by moving his eyes. He only has about six months to live and recently said about his short time, “I'm not dying, I'm just going to get to heaven faster”. He can see the light at the end of the tunnel.
3. We need a community of love to belong to---He used a Zig Ziglar quote to define this. “You can have everything in life you want if you will just help other people get what they want.” Everyone has a longing for belonging. <https://howardpartridge.com/>

(taken from Paul Barnett's weekly recap)



Ed Gojara

Ed Gojara was unanimously approved June 9th, 2021, and has accepted the position of **ECSL Treasurer** for the 2021-2022 year. He will be replacing a very hard-working (Two + years) Treasurer **Brad Porter!** Thanks, Ed for taking this challenging position! You have taken an exceptional leadership position to support Exchange Club of Sugar Land! All of us in Exchange are grateful!



Brad Porter

Brad will now Chair the **Child Abuse Prevention Committee** for the 2021-2022 Exchange year. Thanks **Brad!**, for your years of hard work with Exchange! You continue to be a great example for your leadership roles as a highly valued member, well thought of, and respected for your efforts and dedication to Exchange Club of Sugar Land!



Speaker Series (continued)

06/09/2021



Exchange member **Carla Mondt** introduced our speaker **Walter Ulrich - President & CEO of Medical Bridges**, a life-changing and life-saving non-profit serving the global poor by providing needed medical supplies and equipment to clinics and hospitals. Walter was recently named a Charity Navigator Nonprofit Advisor. He has been featured in several business publications and the Houston Business Journal.

(taken from Paul Barnett's weekly recap)

In 1997, Houston cancer surgeon, Dr. Patricia Brock Howard, and pediatrician, Dr. Margaret Goetz, traveled to El Salvador on a medical mission. They were distressed by the resource-poor conditions under which the local health care providers had to work. On the other hand, in the U.S. it was estimated that nearly \$6 billion in medical surplus were discarded each year. Drs. Brock Howard and Goetz, engineer Hayne Blakely, along with other like-minded individuals, established the first medical recycling nonprofit for the Texas Medical Center. For 24 years, Medical Bridges has salvaged and repurposed medical supplies and equipment from polluting our environment and instead has supplied thousands of health heroes in desperate need of the tools to care for their impoverished communities. Medical Bridges also helps underserved rural communities in the U.S. and during disasters such as the many hurricanes we are accustomed to.

In 2020, Medical Bridges shipped 43 Containers of Hope shipped to 21 countries. Reallocated **\$7.5 million** excess medical supplies and equipment from the world's largest medical center to small underserved charitable clinics across the developing world and in the U.S. During the COVID-19 pandemic, Medical Bridges kept resilient to serve and supply healthcare heroes on the frontlines across the globe tackling healthcare disparities and the novel virus.

There are places with a desperate need for sterile gloves, incubators, basic supplies, medical equipment, and even beds to get patients off mats on the floor, and COVID-19 has made the situation worse. Ranked 6 out of 20,000 Houston area non-profits, Medical Bridges recently shipped a container with over \$210,000 worth of equipment and supplies to where it was most needed, Medical Bridges will continue to work towards its mission of Bridging the Healthcare Gap. Medical Bridges is located in Houston near Almeda and the South Loop and is always seeking volunteers. Their website is <https://www.medicalbridges.org/> and Walter's email is wulrich@medicalbridges.org



**In Service to Humanity
Helping Our Neighbors in Texas**

3 million live in rural Texas; 540,000 in poverty

158 counties have no general surgeon

147 counties have no ob/gyn

35 counties have no physician at all

Mortality up 5.9% after a rural hospital closes

20 rural hospitals have closed in Texas this past decade; 113 across the country

400 rural hospitals and clinics are at risk across the country; 12 in Texas

Improving healthcare and saving lives in Texas!

Friends of Scouting!

From Carey Snyder. Thank you for your considering helping to support the **Thunder Wolf District Friends of Scouting campaign**. Friends of Scouting gives families, friends, alumni, and the community an opportunity to support the Scouting program in the Sugar Land, TX area.

Friends of Scouting helps:

- Recruit and train youth and leaders
- Provide assistance to those in need
- Keep camps and activities affordable
- Enhance programming and facilities
- Provide communication tools for volunteer leaders



Contributions provide approximately 24 percent of the support the council receives each year. The success of Scouting depends on those who support it.

Thunder Wolf District (the area of FBISD south of US-59, and Stafford School District) has raised \$36,753 of a \$42,033 goal. Our troops and pack are in Thunder Wolf District. To donate securely, go to <https://p2p.onecause.com/supportshac/team/thunder-wolf>



THUNDER WOLF DISTRICT

SAM HOUSTON AREA COUNCIL

JOURNEY TO EXCELLENCE SILVER AWARD

Cookie Joe, “ Time to focus on healing, grant me courage and peace. I will find the joy.”



Please keep
Cookie in your
prayers. She
is beginning
the fight to get
rid of stage 2
breast cancer.