



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
April 15th, 2022

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Meeting at:
Sugar Creek Country Club
420 Sugar Creek Blvd.
Sugar Land, Texas 77478

Officers 2021-2022

President:
Rick Bell

President Elect:
Lori Bisewski

Secretary:
Vida Goodell

Treasurer:
Jeff Dodson

Immediate Past President:
Paul Barnett

Board of Directors

Camille Edwards
Leslie Woods
Thad Olive
Juli Fournier
Cookie Joe
Colleen Migl
Suzanne Whatley
Bruce Smith

Spaghetti Chair 2022
Lori Bisewski

Webmaster:
Paul Barnett
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org



Dear Exchange Members,

Reminder - April is child abuse prevention month! This month we will be tying blue ribbons throughout the City of Sugar Land to bring awareness to our community. **Suzanne Whatley and Brad Porter** both helped in getting this year's Blue Ribbon Campaign organized for us. We are adding signs at the beginning and end of each route to help educate citizens about child abuse prevention.

Brad and Suzanne made it very easy for us to do our **blue ribbon** campaign by putting our **ribbon** and scissors in a nice little bag with a map of our route. Please make sure to put out the ribbons as soon as possible. We are also placing signs at the beginning and end of each route that explains the **blue ribbons** are for Child Abuse Awareness and Prevention. **Rick!**



Below is the Installation of the Awareness Field for 2022 at the courthouse lawn in Richmond. Each stake represents a child or family that received services from Child Advocates of Fort Bend during 2021. Many volunteers assisted with this effort. **Child Abuse Prevention Month! 2,496 blue ribbons.**



Speaker Series



Doug Suggitt from the **Periwinkle Foundation** standing here with Rick Bell (r) was our featured speaker for March 30th. Doug gave a very informative presentation on the benefits to youth and families attending Camp Periwinkle. The camp provides a community of healing for children with cancer and other life-threatening illnesses through emotionally-healing camps, arts, and survivor programs.

From diagnosis. Through treatment. To Survivorship.

CAMPS - Overnight and day camp adventures which gives patients, siblings, and families the opportunity to grow in independence and self-esteem.

ARTS - Enjoyable and educational art activities that give children, young adults, families and caregivers affected by pediatric cancer and blood disorders the opportunity for self-expression, empowerment and healing through the arts.

SURVIVORS - Socials, retreats, and educational opportunities to engage and empower adult survivors of pediatric cancer.

<https://periwinklefoundation.org/>



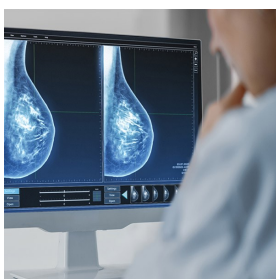
This week's speaker on April 6th was, **Chris Noble** from **The Rose** that gave an exceptionally "entertaining" presentation on the services provided by **The Rose**.

The Rose provides mammograms and other breast diagnostic services. Her speech was not only entertaining but very informative. For example, African-American women pass away at an alarmingly higher rate from breast cancer than other women. The Rose is making efforts to combat those statistics by reaching out to predominantly

African-American communities to educate them on the importance of self-examinations and regular mammograms.

History of The Rose - From a time long before pink ribbons covered the landscape, Dorothy and Dr. Dixie's passionate advocacy established The Rose as an acclaimed model of breast health care. From mammograms to biopsies to treatment, The Rose excels in advanced digital imaging, mobile mammography, patient navigation, and medical excellence.

Since its launch in 1986, **The Rose** has served nearly 500,000 patients and is now the leading non-profit breast health care organization in southeast Texas. Our board-certified radiologists, specialized technical staff, two Mammography Coaches, and Diagnostic Imaging Centers give access to treatment to more than 40,000 women annually. <https://therose.org/>



Young Citizen of the Month! Sugar Land Middle School.



Nicholas Rathjen was our Young Citizen of the Month from Sugar Land Middle School!

This year he is making all A's in his classes. Nicholas was in region band and is looking forward to being part of the marching band in high school next year. Currently he is in the WEB organization at his school, which helps mentor 6th graders. He is also in National Junior Honor Society (NJHS). For his community project in NJHS, He is making comfort pillows for a local hospice.



EXCHANGE CLUB OF SUGAR LAND **NEW MEMBER** INDUCTION!

Exchange had a New Member Induction presentation made by **Paul Barnett**. New members welcomed into the club were **Priscilla Ogunfowara, Ademuyiwa (John) Ogunfowara, Justin Brock, Cindy Endres, and Irina Chrisco**. They are joined by their sponsors **Harriet Eisenstein, Brooke Thompson, and David Lanagan**. Thanks also to **Camille Edwards** (and Tim Edwards) for hosting our new member orientation dinner! There was great food, drinks, and an abundance of Exchange information and history for our newest members. *Congratulations!*



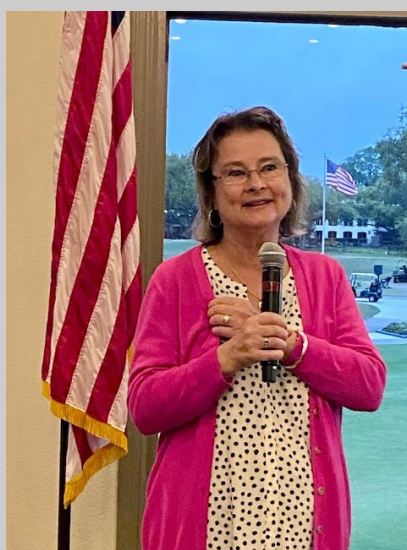
John Ogunfowara



Priscilla Ogunfowara



Cindy Endres



Irina Chrisco



Justin Brock

Check Presentation to Big Brothers & Big Sisters! \$1500.00



Game 3	1	2	3	4	5	6	7	8	9	10	Tot.
GREG	8	1	-	7	-	8	/	3	5	9	88
JOHN	9	16	23	36	44	62	71	80	88		112
RUSS	9	16	23	36	44	62	71	80	88		110
BROO	9	16	23	36	44	62	71	80	88		94
RICK	9	16	23	36	44	62	71	80	88		54

Rick was running late to bowl, so Carlos filled in for him. As you can see you might not want to ask Carlos to fill in for you. Ha-ha!

It was not a pretty sight! Lol. **Doug Earle** our fearless leader was not there at the Big Brothers & Big Sisters Bowling Event as you can see from our scores. Well that was the 9th frame but not lookin' too good here! We had fun though, all for a great cause! They turn the screen lights off and we hadn't even started the last game of three. **Doug you can't miss next year!**

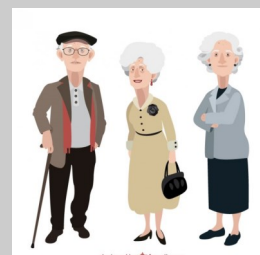


SERVING SENIORS!

We meet the **1st. Friday** of each month! Contact Cookie Joe to volunteer! Or just show up!

Morris Lazris, Richard Peffley, Doug Earle, Cookie Joe, Justin Brock were at the last event April 1st.

We love our Seniors!



Cookie Joe says...Smokin' Success!

Responding With Grace is a 501c non-profit supporting our first responders who are facing the challenges of **breast cancer**. On Saturday the Exchange Club co-sponsored a barbecue benefit to help 20 year veteran of the SLPD Amy Cummins. We are so proud to announce that through the sale of barbecue plates, desserts and commemorative tee shirts we surpassed our goal of **\$10,000!!**

Thank you to the members of the club for your dedicated support!



Our Youth of the Month



Our Youth of the Month from Clements High School was Ms. Ciara Sanchez. Standing here with Exchange member Amy Mitchell. 2nd photo is Amy, Ciara, her father Thomas and Counselor Sarah Drake. Simply outstanding as Ranger Camp Leader, Freshman Experience leader, Mental Health Club Secretary, Conductor, Clarinet Section Leader, Woodwind Captain, Houston Suicide Support Lead in Suicide Awareness Voice of Education (SAVE) and that's just Leadership roles.

Ciara is involved in a number of Activities at the school. She is also in the National English Honor Society, Nation Honor society, History National Honor Society (Rho Kappa) and Quill & Scroll. And a Academic Excellence Recipient for three years. STARR EOC Mastery - Algebra 1, Biology, English 1, U.S. History, Hispanic Recognition Program Scholar, and NSHSS Scholar. Quite a lot wouldn't you say? Awesome Ciara!

WOW.... Dr. Betty Baitland!

"Thursday, April 7 was an exciting evening for Exchangite **Dr. Betty Baitland** as she was, to her great surprise, named the **2021 Child Advocate of the Year** by Child Advocates of Fort Bend County."

Dr. Baitland, a long time board member and volunteer is involved in so many things in the city and always with her giving heart. *Congratulations Betty!*

Betty Baitland
2021 CHILD ADVOCATE OF THE YEAR
CHILD ADVOCATES OF FORT BEND



Betty Baitland, David Lanagan and Dee Koch.

Picture to the right-Nancy Olson, Betty Baitland and Metoyer Martin, the program Director.





Birthdays, Anniversaries, Events

Happy Exchange Birthdays!



Alex Bermudez (4/1), Michael Pivarnik (4/6), Paul Barnett (4/7), Troy Nehls (4/7).

Exchange Anniversaries!

Lisa Poynor 3/31/01 (21 yrs.), Chris Breaux 4/04/90 (32 yrs.), Darla Farmer 4/6/17 (5 yrs.), May & Jack Williams 4/9/90 (32 yrs.), Roy Cordes 4/11/91 (31 yrs.).

Greg Oelfke stressed the importance of making a genuine effort to help our club raise funds so that we may continue to make a positive impact on our community. We are about two weeks away from hosting the event that generates over ninety percent of the funds we give out each year. It is so important that we don't become complacent. We have a lot of fun as a club, but the month leading up to Spaghetti is a time we have to work and do our part. Not everyone can be a super seller like **Jim Kij**, or **Doug Earle**, [but we can all do something!](#)

Spaghetti Needs and Announcements: **Paul Barnett** stressed that we are still in need of silent and live auction items. We also need wine and whiskey bottles. Corporate sponsorships and selling raffle or dinner tickets remain large needs of the club. Finally, if you do not have an apron for Spaghetti, please contact **Paul**, he has an apron for you! **Nora Sim** still needs about twenty empty bottles of wine.

Nikoz Fusion Grill, located at 16754 Southwest Freeway, Sugar Land, agreed to donate twenty percent (20%) of their April sales for patrons that mention the Exchange Club of Sugar Land. Please make an effort to eat at least one meal at Nikoz during the month of April.

Suzanne Whatley has done a fantastic job organizing the blue ribbon campaign. We will be placing signs at the beginning and end of each route that explains the blue ribbons are for Child Abuse Awareness and Prevention. In exchange for a \$100.00 donation, members, their companies, or whomever you would like to name on your sign, will be recognized as the route's blue ribbon sponsor.

If you are interested in attending the Fort Bend Women's Center Healing and Hope Luncheon at the Sugar Land Marriott Town Square on **Wednesday May 11 from 11:30 a.m. until 1:00 p.m.**, **Vita Goodell** has agreed to seat Exchange members at the same table. The special guest is Aly Raisman, former team captain of the gold medal U.S. Olympic Women's Gymnastic Team. Aly will share her story of survival after suffering sexual abuse by her coach. <https://fbwc.org/news-events/sponsor-an-event.html>

Child Advocates Gala, Through the Looking Glass, will take place on May 7. Exchange Club of Sugar Land is the title sponsor. If you would like to attend the gala, please let me know so I may provide **Ruthanne Medford** with our list of attendees.

Rick Bell -The First Annual Sugar Land Arts Festival begins April 22 and runs through the 24th. They are in need of help in two ways. First, if you are available to volunteer on April 22, from 8:00 a.m. to 1 p.m., they need volunteers to help artists set up and transport their materials. Secondly, there are sponsorship opportunities. I would like to see our club contribute \$1,000.00 to the nonprofit. I am committing to donate \$100.00 to start the individual fundraising goal. If anyone else is able and willing, please let me know. **Let's show the SLCAF how generous we are.** <https://www.slcaf.org/>

NEWS



Besides the Five Star Spaghetti dining experience, the Silent Auction is always a big part of why people come to fundraising events. We still need things for the silent auction and here are some ideas for the Silent Auction Baskets from **Vickie Coates**. We are also planning a Wine/Whiskey pull.

Camping Trip
Tech Time (electronic games)
Sports Theme (Astro's blanket & mug or tickets to the game)
Family Road Trip
Baubles & Beads (jewelry)
Ladies Spa
Chocolate Basket
Kids (games, tickets to zoo)
Date Night (hotel stay, restaurant gift cards, uber gift card)
Kitchen Basket (hand towels, cutting board, olive oil or spices)

Items needed for Wine & Whiskey Pull:

25 Bottles of Wine - \$20+ value
25 Bottle of Whiskey - \$40+ value

ALERT- On May 11 we will **"NOT"** meet at the country club for breakfast. Instead, we will have our meeting at the James Reece Career and Technical Center where we will also install a new Freedom Shrine. The culinary school will be providing us breakfast, and we are planning a lot of exciting events for that morning.

"Last but not least" as I like to say! Carla Mondt has the floor!

"No politics, only humanity" - Walter Ulrich, CEO of Medical Bridges Inc



April is Global Volunteer Month. If you're looking for a way to give back this month, I ask that you give your time to Medical Bridges, a local organization with a global impact.

Every day, Medical Bridges ships desperately needed medical supplies all over the world helping to bridge the healthcare gap and ensure equity. In addition to its global mission, Medical Bridges generously serves the Houston community by providing PPE and other medical supplies to local organizations as well as those underserved.

Please join me in advancing the mission of an organization that changes lives all over the world and puts the needs of people above all. Your time and support is invaluable.



Bridging the healthcare gap worldwide