



# Exchange Hotline

Exchange Club of  
Sugar Land Newsletter  
Jan 15th, 2022

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100  
Stafford, TX 77477  
[www.ecsl.org](http://www.ecsl.org)

## Weekly Meetings

Wednesdays, 7:00 a.m.

Meeting at:  
Sugar Creek Country Club  
420 Sugar Creek Blvd.  
Sugar Land, Texas 77478

## Officers 2021-2022

President:  
Rick Bell

President Elect:  
Lori Bisewski

Secretary:  
Vida Goodell

Treasurer:  
Jeff Dodson

Immediate Past President:  
Paul Barnett

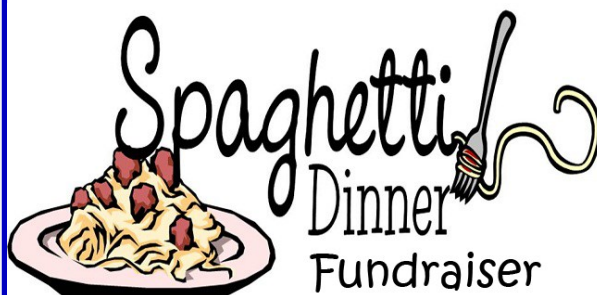
## Board of Directors

Camille Edwards  
Leslie Woods  
Thad Olive  
Juli Fournier  
Cookie Joe  
Colleen Migl  
Suzanne Whatley  
Bruce Smith

**Spaghetti Chair 2021**  
Lori Bisewski

**Webmaster:**  
Paul Barnett  
[www.ecsl.org](http://www.ecsl.org)

**Newsletter Editor:**  
[newsletter@ecsl.org](mailto:newsletter@ecsl.org)



# APRIL 23RD

PROMOTE  
HAVE FUN  
VOLUNTEER  
SELL TICKETS  
INVITE FRIENDS

## Speaker Series



Our guest speaker for January 12th was our own "special member" **Paul Barnett** a man of many "hats" these days. Past President of Exchange Club, Webmaster for Exchange, with and extended list of volunteer efforts over 20 years in the club!

**Paul** gave us an informative presentation on his work with **Pilots N Paws**. The presentation was entertaining and led to a lot of questions being asked about his volunteer work. **Paul** shared several stories of actual rescue missions he has completed. We also learned that he is a television star with his past interview!

Pilots N Paws® is a 501(c)(3) non-profit organization. Their site is intended to be a meeting place for volunteers engaged in the valuable services of rescuing, sheltering and adopting animals, and volunteer pilots and plane owners willing to assist with animal transportation. The intent of Pilots N Paws is to provide an environment in which volunteers can come together and arrange or schedule rescue flights, overnight foster care or shelter, and all other related activities.

## Speaker Series



### YOU ARE NOT ALONE PROGRAM (YANA)

Our featured speaker for January 5th was Michael Kahlenberg. Michael is the coordinator of Senior Services for the Fort Bend County Sheriff's Office. He started this program "YANA" to serve the aging population in Fort Bend County. The Program is a telephone reassurance program for seniors or disabled citizens. They actually make telephone calls and visit participants to check on their welfare.

Being alone is one of the greatest fears older adults have as they grow older. The YANA Program has been credited with saving the lives of many older adults who want to live alone and have fallen or become ill during the night. This FREE service allows older adults to find comfort and security knowing that someone will be checking on them on a daily basis and in the event that something does happen, family or friend will be notified. In the picture above you can see Michael demonstrating the equipment that allows the department to locate a senior that has possibly wandered off.

There is more information on their website on how to be a YANA Volunteer or sign someone up who wants this free service. They have a complete YANA Training course. Go to [fortbendcountytexas.gov](http://fortbendcountytexas.gov). In the search bar enter "you are not alone".



Exchange Club of Sugar Land donated **\$3,000.00** to the **Literacy Council of Fort Bend County** to purchase supplies necessary to help them improve the adult literacy rate in Fort Bend County.

L-R is Kevin Barker, Leslie Woods, Terri Stuart (accepted the check) and Rick Bell.

Literacy Council  
of Fort Bend County



Our Youth of the Month is from Kempner High School is **Leah Pachikera**, presented by our Exchange member Juli Fournier! Leah is in a variety of Clubs. Awards include the Academic Excellence Award & "A" Honor Roll.

She read her essay to us - "A common misconception today about leadership is that all leaders carry a title" and how Covid had brought many to the forefront as leaders in education and so on.

She ended her essay with "Viewing the different and significant workers that played a part during the Pandemic, I was able to learn that leaders are found everywhere and don't always appear conventionally, such as with a title."  
We wish you the best Leah in your future endeavors!





Exchange member Amy Mitchell presented our “first” **Youth of the Month** for this new year **Ireland Blouin** during our breakfast meeting!



Ms. Ireland is graduating from Clements H.S in May of 2022 carrying a 3.8 GPA. She has many Leadership and Organizations she has been a part of; the Round-Up Newspaper as Editor and Chief/and Reporter. Active in the NJROTC currently as Commanding Officer and other earlier positions.

Her skills include hard-worker/well experienced in leadership roles, works well in collaborative spaces with anyone, problem-solving skills gained through life experiences, positive attitude, and great customer service qualities.

We wish you the best Ireland in your future endeavors!



## Birthdays, Anniversaries, Events



### Happy Exchange Birthdays!

Brooke Thompson (1/1), Leo Weinberg (1/1) and Lori Bisewski (1/2), Naren Patel (1/5), Brenda Robinson(1/10), Carlos Perez (1/12)

### Exchange Anniversaries!

Clinton Chapman 1/11/11 (11yrs.)



Join fellow TLGC District Exchange Club member for a fun and informative Mid-Winter Morning Meeting via zoom on Saturday Jan. 22nd. 9am-11:30am .Complete with trivia, door prizes, and engaging topics! Contact Paul Barnett to register at [psb1@ix.netcom.com](mailto:psb1@ix.netcom.com).

**Lori Bisewski** announced it is time to start planning for our Spaghetti Dinner. She will be emailing the committee chairs to schedule a planning meeting later this month.

**David** also advised the mid-winter conference will be held via Zoom. **Paul** will be sending out an email with details if you would like to attend very soon.

We thanked **Morris Lasris** for doing a stellar job at our Service to Seniors event last Friday, January 7, 2022.

**Paul Barnett** let us know that **Cookie Joe** was headed back to MD Anderson and that we all need to keep her in our prayers.

**David Lanagan** gave an update on **Doug Earle**. **Doug** is now home from the hospital and is continuing to recover. We expect we will have him back soon.

**Ruthanne Mefford** will be sending out details about an opportunity to help Child Advocates by going to a new Torchy's Tacos opening in Rosenberg and receiving a free meal. There will also be a similar opportunity coming up with a Jersey Mike's soon. Thank you **Ruthanne** for including us in what sounds like a win/win opportunity.