Exchange Hotline

Exchange Club of Sugar Land Newsletter June 1st, 2022

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100 Stafford, TX 77477 www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Meeting at: Sugar Creek Country Club 420 Sugar Creek Blvd. Sugar Land, Texas 77478

Officers 2021-2022

President: Rick Bell

President Elect: Lori Bisewski

Secretary: Vida Goodell

Treasurer: Jeff Dodson

Immediate Past President: Paul Barnett

Board of Directors

Camille Edwards Leslie Woods Thad Olive Juli Fournier Cookie Joe Colleen Migl Suzanne Whatley Bruce Smith

Spaghetti Chair 2022 Lori Bisewski

> Webmaster: Paul Barnett www.ecsl.org

Newsletter Editor: newsletter@ecsl.org

A NIGHT TO REMEMBER



Saturday May 28th 2022 Sugar Land Town Square 17:30 - 9:00 pm FREE AND OPEN TO THE PUBLIC Conned Food Donations Encouraged for



Remembering those who gave their life to protect our freedoms. God bless America and Sugar Land!

It was a beautiful evening for Sugar Land neighbors and friends!

Ballet Grace is honored to participate in the Inaugural presentation of A Night to Remember. Cookie Joe/Tran



A NIGHT TO REMEMBER/HONORING OUR FALLEN HEROES!











A NIGHT TO REMEMBER/HONORING OUR FALLEN HEROES!



Kevin Barker, Steve Stewart, Doug Earle, Chad Bridges, Mike Reichek, Dr. Suleman Lalani, Len Cannon from Channel 11, Bill Nash on the edge.



Doug Earle

Kevin & Jeanne Barker

Cookie Joe & Nora Sim

A NIGHT TO REMEMBER/HONORING OUR FALLEN HEROES!





Suzanne Whatley, Cookie Joe, Brad Whatley

Bill & Kim Nash, Len Cannon, Cooke Joe

Memorial Day/ Pics by Jeff Dodson.





Sugar Land Memorial Park

Memorial Day/ Pics by Jeff Dodson.





PO2. TANYA VALENCIA 09-10-2020

SA. ROBERT DOUGLAS MACRUM 09-12-2005

PO3. GRANT CORDELL DEMARS 07-17-1983

NAVY

PO2. JAMES PATRICK BRENTS

09-23-2007 PO3. PAUL GUIEB MONTEALEGRE

12-03-1994

SSGT. MELISSA LAUREN NGUYEN 10-25-2019

SSGT. ADERONKE ABOSEDE ADEYEBA 09-28-2016

SRA. MARCO ANTONIO AVILA 12-01-2003

AB. REUEL SIN REMOLONA JR. 08-22-2000

AIR FORCE

Honoring our fallen heroes. God Bless America!



National 1911-2022





Rick Bell, **President** of Exchange Club Of Sugar Land. 2021-2022

YOUTH OF THE YEAR / CLEMENTS HIGH SCHOOL!



Our Exchange member Amy Mitchell presented our **Youth of the Year to Gregory Zachariah** at the May 18th breakfast meeting! Gregory is ranked 14th out of 518 students. On his SAT he scored 1550 (750 Reading/800 Math). His GPA is 4.0 unweighted and 4.69 weighted. The Exchange Club presented him with a recognition plaque and a \$500 Check. He will be attending the University of Texas and major in Computer Science.

Gregory's topic for his essay was how did the Covid-19 Pandemic drastically change every aspect of our lives. He was asked to re-

flect on what he had learned during this time about himself, his community, and the world, and explain how his perspectives on success, empathy, prioritizing, social inequalities, and leadership has been reshaped. Here is a small exert from his essay towards the end in closing.

"One clear concept I began to realize was that <u>leadership requires a shared inclination to work in a</u> <u>team even amidst adversity</u>. As aforementioned, today I lead with intention and utilize purpose and mission as the foremost motivating factors of projects which I take on. Rather than becoming fixated on and end goal, I have learned to prioritize the present in a manner that lets me trust the process rather than attempt to carelessly expedite it."



Cookie Joe introduced Fire Chief Boeker and Chief of Police Robins; both are Exchange members! They recognized two outstanding Officer's of the Year! Officer's Brad Easily and Cirilo Portales!

Left -Doug Boeker, Brad

Easely, and Cookie Joe. To the right, for the SL Police department it was Eric Robins, Officer Cirilo Portales who is <u>not</u> shown. He could not come due having Covid. Patrol (Captain Pete Lara pictured.)



My Prayer for First Responders

Written by Ed Ostrom. Reading by Cookie Joe.

O Lord I thank You for compassionate men and women today Who selflessly serve in all kinds of weather day after day, Answering emergency calls, rescuing many each day In all kinds of circumstances and situations along life's way.

First responders compassionately striving to meet many needs, In compassion and courage performing wondrous heroic deeds, Experiencing a hodgepodge of emotions day after day Cascaded from heights of joy to the depths of despair along the way. *They know the wondrous joy of lives rescued, saved and set free*

Restoration, freedom and the hope of ongoing victory, Giving them fresh energy and new hope to carry on As First Responders in crisis situations so hard and long.

But alas they also know the pain of death and horrible loss Human pain reaping such a heavy toll and terrible cost, Emotionally draining and ripping at the First Responder's heart

Causing the streaming flood of hot tears to uncontrollably to start.

O Lord hear my prayer for our First Responders today O now in love strengthen them deep within I humbly pray, Compassionately now draw them into Your loving arms Give the energy to go on and protect them from all that harms.

Speaker Series





May is Foster Care Awareness Month! Our featured speaker on May 18th was **Jenny Fridge** (far left) who spoke and accompanied by Arielle Clancy (middle) who is a Case Manager both from The Sanctuary Foster Care Services. Jenny explained that their goal is to achieve permanent sanctuary and healing homes for children and families in foster care. They are currently expanding their services into the Fort Bend area. Standing with Rick Bell.

Why are they expanding you ask? There current location is in Clear Lake but they already have 2 board members and 2 staff members and 11 families they support in our area. Fort Bend makes the most sense to expand here!

All foster care agencies must have other avenues for funding than only the per diem per child from the state. Their current budget structure is 50% State Funding, 25% Fundraising and 25% Grants. To open the Fort Bend Branch, they are now calling for a new set of founding donors to help them continue

bring permanence and healing to the foster kids in our community. They are seeking individuals, churches, grants, and businesses to help us raise the \$175,000 needed to open the Fort Bend Branch.

Current Stats on Foster Care: 51,806 kids in out-of-home care in Texas in 2020, 8,947 kids in out-of-home care in Region 6 (that's us) in 2020, 7 is the average number of times a foster kid moves from home to home, 30-60% Foster parents drop out yearly, 76% Placement disruptions due to foster parents' inability or unwill-ingness to continue fostering. <u>https://www.sanctuaryfostercare.org/</u>

Located at 912 S. 6th St. Richmond, Tx 77469/ 281.605.9212

May is Mental Health Awareness Month!



On May 25th Pat Sumner and Michelle Lovelace spoke to us about Hope Fort Bend Clubhouse. The Clubhouse provides a safe place for members of our community that suffer from mental illness to hang out. Standing with Rick Bell.

The Clubhouse is a psycho-social program, involved in the community where individuals living with mental health conditions are empowered to gain confidence and independence. Recovery of mental health conditions is achieved through individuals living and working together to discover and build new and hidden talents.



Their Mission - Hope Fort Bend Clubhouse is dedicated to growing a community of achievers living with mental health condition who are empowered to thrive through education, productive work, and meaningful relationships with access to effective transportation and safe housing.

Regaining self respect and dignity is a first step toward living a full life. Members use the Clubhouse the way they need: they choose the amount of time they spend here, the type of work they engage in and with whom they work. <u>There is no cost for membership</u>. Members, volunteers and staff work together to operate the Clubhouse. Together they form sincere relationships that help make the Clubhouse flourish.

For more information go to www.hopefortbendclubhouse.org or www.facebook.com/fort-bend-clubhouse. Located at **912 S. 6th St. Richmond, Texas 77469.** Contact 281-605-9212.

MASONIC "COMMUNITY BUILDERS AWARD!"

Exchange Club of Sugar Land member **Thad Olive** is also a member at a local #1141 Masonic Lodge in Sugar Land. Freemasonry is one of the oldest fraternal organizations in the world. It unites men of good character who, though of different religious, ethnic or social backgrounds, share a belief in the fatherhood of God and the brotherhood of mankind. Freemasonry offers a system or blue-print for the good man to further improve his character and actions through its system of degrees, symbols, and fellowship opportunities.

The United Grand Lodge of England reports that worldwide membership totals more than 6 million Freemasons, 1.1 million of whom are in North America. With 68,000 Masons and 440 local Lodges.

The Community Builders award is a prestigious award established by the Grand Lodge of Texas so that lodges can formally recognize outstanding non-Masons who have distinguished themselves through their service to the community, local and state governments, places of worship, or to humanity at large. Community Builders are often found in service clubs, public school systems, religious activities, and all kinds of volunteer work.

This year the award went to our good friend and immensely esteemed Exchange member <u>Doug Earle</u>, who we all know the effort and work he puts into volunteering his time to the community in so many ways. What and honor Doug! We are all proud of you!



L-R, Front, Cookie Joe, Doug Earle, Cindy McCullough. L-R, Back, Nora Sims, Paul Barnett, Thad Olive.

L-R, Thad Olive, Doug Earle.







Check Presentation/ Senior Rides & More!



Senior Rides

and More

Exchange Club of Sugar Land presented a **\$1,500** check to **Debbie Posso** Executive Director of **Senior Rides and More!** Standing with John Heineman and Rick Bell.

This helps seniors that can no longer transport themselves with rides to doctor visits, pharmacies, grocery stores, hair and nail salons, and any other locations necessary to provide our senior community with their basic needs.

Who They Serve

To qualify for Senior Rides and More services, you should be:

- 60+ years of age
- Ambulatory (cane and walker acceptable)
- Live within the 30 Southwest Houston area zip codes or the 11 Northwest Houston area zip codes we serve.
- Not diagnosed with a mental illness
- Not diagnosed with Alzheimer's

Unfortunately they are unable to serve those in a wheelchair. seniorridesandmore.org/ 713.772.8181



This is our wonderful "Miss May!" May and Jack Williams love to come to Exchange breakfast meetings! They find it quite uplifting literally!

Jack and May have a love/hate relationship with this "dadgum thing". It takes them up and down the stairs! Sometimes it works quite well but other times it is cantankerous and won't start right away! But they laugh about it. They haven't named it yet though, accept that "dadgum thing!"

Jack and May have been members for a number of years! They never miss a meeting unless their under the weather a bit or it's raining.

We love you Jack and May!



Your Exchange family!





Happy Exchange Birthdays!



Duyen Le (5/1), Stephen Rogers (5/11), Jack Williams (5/14), Sheriff Eric Fagan (5/21), Ed Gojara (5/24), Surendran Pattel (5/29), Dennis Dowell (5/31).

Exchange Anniversaries!

Patrick Welsh 5/2/06 (16 yrs.) Lori Bisewski 5/4/16 (6 yrs.), Greg Oelfke 5/6/91 (31 yrs.), Chuck Sanchelli 5/14/02 (20 yrs.), Ruthanne Mefford 5/11/09 (13 yrs.), Kevin Barker 5/11/09 (13 yrs.), Richard Peffley 5/18/18 (4 yrs.), Brad Porter 5/30/16 (6 yrs.), Morris Lasris 5/31/15 (7 yrs.), Tran Rich 5/31/13 (9 yrs.), Cookie Joe 5/31/13 (9 yrs.), David Lanagan 5/31/00 (22 yrs.), Scott McClintic 5/28/97 (25 yrs.).

Here is where you may find information and register for the TLGC District Convention on June 10-12 in New Orleans, Louisiana. <u>https://www.eventcreate.com/e/texas-louisiana-gulf-coast</u>

Serve with Honor

Rick Bell, ECSL

