



Exchange Hotline

Exchange Club of
Sugar Land Newsletter
March 15th, 2022

The Exchange Club of Sugar Land

4800 Sugar Grove Blvd. Suite 100
Stafford, TX 77477
www.ecsl.org

Weekly Meetings

Wednesdays, 7:00 a.m.

Meeting at:
Sugar Creek Country Club
420 Sugar Creek Blvd.
Sugar Land, Texas 77478

Officers 2021-2022

President:
Rick Bell

President Elect:
Lori Bisewski

Secretary:
Vida Goodell

Treasurer:
Jeff Dodson

Immediate Past President:
Paul Barnett

Board of Directors

Camille Edwards
Leslie Woods
Thad Olive
Juli Fournier
Cookie Joe
Colleen Migl
Suzanne Whatley
Bruce Smith

Spaghetti Chair 2022
Lori Bisewski

Webmaster:
Paul Barnett
www.ecsl.org

Newsletter Editor:
newsletter@ecsl.org

Thank You TX / LA Gulf Coast District Exchange Clubs!

“Everything is bigger in Texas...that is a TRUE statement!”



My recent visit to the Houston area serving as your **National President** of the **National Exchange Club** was **inspiring, memorable, and fun!** Words cannot express how grateful I am for the hospitality and generosity of all your clubs and members. As special thank you to **Doug Earle, Carlos Perez, and Kerry Mazoch**. Those three were my drivers and planned such a packed full visit of amazing experiences. I can not forget my shopping experience with Kerry Mazoch and my daughter Kelsey Mize for “real” cowgirl boots and my very own Stetson hat!

The five days while in your area I attended 10 Exchange Club Meetings representing 13 Clubs, toured the **Children’s Advocacy Center** and a **local food pantry** as well as the largest **cookoff, Houston Rodeo Parade** and the reception at the home of **Gerald and Evelyn Franklin**. What I saw was the amazing work done by the local Exchange Clubs in your community! **A special thank you to the Sugar Land Exchange Club for also presenting me with a \$1,000 “Berkey” donation to the Foundation during my visit!**

The TX/LA Gulf Coast District Exchange Clubs is #Exchangestrong! Every club I visited has so much energy and passion for our core values of **Family, Community and Country** and all support our **National Project the Prevention of Child Abuse**. I was honored to be able to join your club and so many others during my visit. Thank you for all you do for Exchange and know that I carry so many special memories that I now share during my travels to other areas of Exchange.

Again, thank you for your amazing “**Texas Hospitality**” and commitment to growing Exchange and strengthening our communities. I am excited to see you all in Greenville, SC in July as we celebrate **#GrowthbyGreenville!**

Yours in Exchange,

Kathy Mize
National President



Ready for Life
Changing Lives Beyond Foster Care



Rodeo Parade with National Exchange President Kathy Mize!



Texas Hospitality!



Kathy loves Texas!
She had a great time with everyone she met In Exchange!



Kathy's Visit! (Photo Credit/David Lanagan & Farha Ahmed)



EXCHANGE
THE EXCHANGE CLUB SUGAR LAND, TX



Kathy's Visit! (Photo Credit/David Lanagan & Farha Ahmed)





Let's make a difference!

"By helping our dear friend of
Exchange Club" - **Amy Cummins!**



Come Join Us!

Responding with Grace



**Supporting
Amy Cummins
Breast Cancer Treatment**

BBQ BENEFIT

**Saturday, April 2, 2022
11:00 am - 3:00 pm
Cookie Joe's Dancin' School
1415 Hwy. 6 • Sugar Land, TX 77478**

Advanced Tickets Available 281-265-1042

Plates: \$15.00 • Shirts: \$20.00

**To make a donation text
Amysflight to 41444**

Youth of the Month/Clements High School



Our Youth of the Month for March was Joshua Yu a Senior at Clements High School! The recognition award to Joshua was presented by our long time member Dr. Betty Baitland!

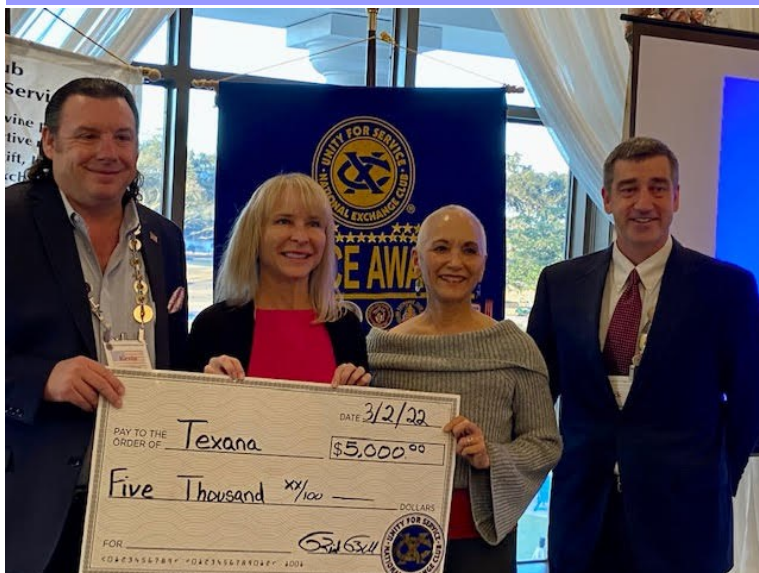
From L-R in the picture is Betty Baitland, David Yaffie, Principle of Clements, Joshua Yu, and his mom and dad Paul and Stacy Yu!

Joshua has received numerous awards— 4.55 weighted GPA, National AP Scholar, National Merit Semi-Finalist, also headed to Rice University!

His Co-Curricular activities include, Exec. Vice President of Student Council, President of Students for Christ Club, Vice-President of Clements Chorus Council, UIL All-Region, and All-Area Choirs, Superintendent's Student Leadership Award, FBISH "Voices" Advisory Network, lead Ambassador just to name a few. He has accomplished much more than we can write here!

Joshua talked to us about his essay this year, the topic dealt with the impact of COVID 19 in various aspects of life! Very interesting topic to look back at the past two years. Joshua all of us at Exchange wish you the best at Rice University!

Exchange Club / CHECK PRESENTATION!



L-R Kevin Barker & Kate Johnson (Texana), Cookie Joe & Rick Bell (Exchange). Also Andi Wallis (Texana) not pictured.

Texana Center offers a wide array of services that help to improve the lives of many Texans by providing care, skills training and support for all kinds of behavioral challenges; including mental illness, intellectual disabilities and autism. We are here to help you, as we know it can be difficult to navigate the system.

We have four service divisions: [Behavioral Healthcare](#) – provides treatment for mental illness.

[Intellectual & Development Disabilities](#) (IDD) Provider Services – for adults with IDD based on their needs.

[Authority Services](#) – intake and service coordination for adults and children with IDD.

[Specialized Services](#) – provides treatment and training for child and adults with autism and other disabilities.

Speaker Series



Darla Farmer, Chief Executive Officer / Founder of Hope For Three was our guest speaker for March 2nd.

A Fort Bend County resident since 1993, Darla has been a long-time volunteer and supporter of many children's charities. Self-employed for over 30 years, Darla has extensive business administration, operations, marketing, and customer relations. Her visionary leadership is illustrated through her passion for Hope For Three's mission.

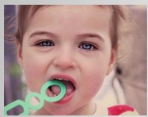
Darla presented the club with an overview of the mission and services provided by Hope For Three. Her PowerPoint presentation was very informative, and the nonprofit has been very active in expanding its services to individuals suffering from autism.

If you would like to support Hope For Three you may go to their website at www.hopeforthree.org.



Hope For Three

Autism advocates. Providing help. Creating hope.



HOPE FOR THREE AUTISM ADVOCATES

Darla Farmer
Founder
Executive Director

Autism Spectrum Disorder (ASD or autism)



Autism is the leading developmental disability in the United States



Autism is more common than AIDS, cancer and diabetes combined



Over **3,000** children attend Fort Bend County public schools



The average cost of services for a child with autism is more than **\$60,000** per year



The average lifetime cost of care for a person with autism is **\$2.4 million**



Models Wanted!



Next Wednesday after our meeting at 10:00 a.m. we will be part of a photoshoot at Classic Chevrolet 13115 Southwest Freeway Sugar Land, TX 77478 for publication in UpClose Magazine.

We need lots of people in the pictures so plan on being there. Dress in your best Spaghetti attire (see properly dressed model **Paul Barnett** on the right). Thanks, **Gina Pizzini**, and UpClose Magazine.

Speaker Series



On March 9th, **Joan Neuhaus** presented on the **Kickstart Kids** program! This was a program started by Chuck Norris in which martial arts are used to instill character, confidence, and discipline in middle school students.

“Our goal is to work in partnership with educators, parents, law enforcement, and other leaders to help build strong positive communities by teaching *character through karate*. We use karate and our values curriculum in classes daily to teach the values of **honesty, loyalty, courage, discipline, respect, dedication, kindness, and responsibility.**”

Black belt instructors serve as role models to our students. Research shows that through the discipline of the martial arts, students in the KICKSTART KIDS program develop the ability to believe in themselves, create goals for their future, and become positive role models for others.

Each month, our instructors focus on a particular value and work on educating their students on that value. Classroom materials such as posters, quotes, creeds, and a monthly workbook are utilized to help instill these values into the students.

<https://www.kickstartkids.org>



Nick Landoski spearheaded a service project this past weekend in which our club began clearing, marking, and cleaning the Oak Hills Cemetery in Kendleton. After the initial work, there is now a small pathway to most of the headstones. However, there remains a great deal of work to be done. We will update the club once our next date to work the cemetery is scheduled. A special thank you to **Farha Ahmed, Doug Earle and Rick Bell** who helped a great deal with the work. Also, **Pete Olson** has been instrumental in spreading the word about the project, as well as drawing media attention to the deplorable condition of the cemetery.

*And, if you ever need a pair of “bionic snippers”
you know who to call! Ha-ha!*



Our Youth of the Month, on March 9th was **Praise Mayor** from **Kempner High School**, presented by our Exchange member Gladys Brumfield! He is currently rated #11 in his class!

Praise was part of the track and cross country team at school. He will be going to Rice University and majoring in computer science.



Birthdays, Anniversaries, Events

Happy Exchange Birthdays!



Nancy Olson (3/5), Justin Brock (3/9), Leslie Woods (3/13), Don Burns (3/13).

Exchange Anniversaries!

Gladys Brumfield 3/2/08 (14 yrs.), Sharon Rollins 3/3/93 (29 yrs.), Jennifer Boley 3/4/15 (7 yrs.), Jim Kij 3/7/01 (21 yrs.).

Lori Bisewski announced each breakfast table will be responsible for combining efforts to bring a silent auction gift basket. That being said, if you have other items that may be able to donate to the silent auction and/or live auction (i.e., professional sports tickets, vacation homes, professional services...) please contact Lori or **Vicki Coates**. Lori is still in need of bottles of wine and corporate sponsorships. If you have ideas for corporate sponsorships, please let Lori or **Camille Edwards** know.

Nora Sim still needs about 40-50 empty wine bottles and the CORKS as well to decorate for Spaghetti. At our club's current pace of consuming wine, it appears we still need more bottles!

If you are interested in attending the Fort Bend Women's Center Healing and Hope Luncheon at the Sugar Land Marriott Town Square on **Wednesday May 11 from 11:30 a.m. until 1:00 p.m.**, **Vita Goodell** has agreed to seat Exchange members at the same table. The special guest is Aly Raisman, former team captain of the gold medal U.S. Olympic Women's Gymnastic Team. Aly will share her story of survival after suffering sexual abuse by her coach.

Raffle tickets were handed out at Wednesdays breakfast. We should do that again next week. If you are not in attendance, please contact **Greg Oelfke** to make arrangements to retrieve your tickets. **Greg is at 713-248-9400.**

Cookie Joe is marching forward with her new BBQ fundraiser for Amy Cummings who is fighting breast cancer. She needs our help, both individually and as a club. Every little bit helps, and the board is considering matching individual donations up to a certain level in order to maximize her fundraising efforts. If you are not in a position to help financially, you may be able to help by buying a plate of BBQ for \$15.00, or by purchasing a shirt for \$20.00. **Cookie** has set the date for April 2nd 11-3pm BBQ at Cookies Dancin' School. 1415 Hwy 6 #A100, Sugar Land, TX 77478.