

# Advanced Ballet Masterclass

*With Leah Brandstetter*

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**April 9th 2022: Saturday**

~ 10:30-12:00pm\*

~ \$30.00

~ Ages 10+

Agape Art Center

11 Mechanic St.

Freehold, NJ 07728

*\*Private lessons also available  
before and after Masterclass*

*Attire: Leotard, pink tights, and ballet shoes. Skirt or shorts optional.  
No crop tops, baggy clothes, warm ups, socks, or barefeet.*

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Join us for an Advanced Ballet Masterclass with *Agape Arts Center* teacher *Leah Brandstetter*.

This advanced class will be based in Vaganova Ballet Technique with emphasis on port de bras and expression of movement. This class will include a ballet barre as well as center exercises that are unique to the Vaganova Method.

Be prepared for expansive *adagio*, intricate *petite allegro*, explosive *grande allegro* and more!

Since this class will be fast-paced it is required that you at least have one year of prior ballet experience.

See you in the studio!

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*Bio: Leah Brandstetter started ballet at the age of four with former Prima Ballerina Viorica Stampfel. In 2009 she began training at the Academy of Dance Arts under the guidance of Nick & Shayne Mishoe, Jennifer James Church, Sori Gottdenker, and once again, Viorica Stampfel under private instruction. Leah has had the opportunity to participate in Master classes with dancers from Pennsylvania Ballet, American Ballet Theatre, and New York City Ballet. In 2017, she went to the SLK Ballet Summer Intensive to train with Sara Knight to gain a deeper understanding of Vaganova technique. In 2020, Leah graduated from Saybrook University with a MS in Integrative and Functional Nutrition and uses this knowledge along with her training in dance and pilates to help her students create a better awareness between mind and body.*

